

pigeon POST

AUGUST 2026



‘for Starston people’

In this issue.

Cover: Rapeseed harvest by Craig Marven

Village diary	Page	3
Around and about	Page	5
Editor's notes	Page	7
Parish Council report	Page	8
Food waste collections	Page	8
Warm Welcome & Litter Pick	Page	9
Emergency Plan – please read!	Page	10
Notes from a Starston gardener	Page	11
80 years of bellringing	Page	12
Enthusiastic Starston - jukeboxes	Page	14
A word from Rosedale	Page	18
Benefice letter	Page	21
Library & Choral Society	Page	22
Quiz	Page	24
Crossword	Page	25

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The editorial team do not necessarily agree with the opinions expressed by contributors; however, the magazine is here for local people to air their views. Letters to the Editor must be signed. The Editor reserves the right to alter or amend any copy received.

Items for inclusion in the next issue MUST reach the Co-ordinating Editor by noon on the 12th of the preceding month, (usually earlier in December). Space in the magazine will be allocated at the Issue Editor's discretion. Photographs are welcome and will be used wherever possible.

Please send copy by e-mail to: pigeonpost19@gmail.com

Distribution.

Pigeon Post is delivered free to every home in Starston. It is also sent in PDF format to an email list. To request a PDF version please contact the Co-ordinating Editor at: pigeonpost19@gmail.com

If you know of any new residents in the village, please tell Norman Steer (854245) or Brian Greathead (852352) to ensure they are welcomed and receive the Pigeon Post.



Village diary.

Warm Welcome lunch in the Jubilee Hall	Wednesday 5 th August	11.30am
Church Fete (see p. 7), Conifer Hill, Low Road	Saturday 8 th August	4.00pm
Warm Welcome lunch in the Jubilee Hall	Wednesday 19 th August	11.30am
Village Litter Pick starting at Jubilee Hall	Saturday 15 th August	10.30am
Music in the Meadow on Glebe Meadow	Saturday 22 nd August	2.30pm
9/11 – A Survivor's Story (see p. 17) with Janice Brooks in St. Margaret's Church	Saturday 4 th September	7.00pm

Jubilee Hall.

Starston Jubilee Hall is available to hire for activity classes, family parties, meetings, informal gatherings, etc. Its capacity is approximately 60 people, or 40 people if seated. The Hall has kitchen facilities, fast broadband and some private parking.

For more information visit www.starstonvillage.co.uk/jubilee-hall

Please contact the Jubilee Hall Bookings Manager, Robert Wood, on 01379 852535 or starstonrobert@gmail.com

Advertising in Pigeon Post.

For advertising rates please contact:

Advertising Manager: Liz Stacey Tel: 01379 853427 Email: elizabethstacey99@hotmail.com

Copy must reach us by the 10th of the preceding month to be considered for inclusion.

Pigeon Post accepts no responsibility for the content, offers or validity of any flyer or advertisement.

**Final copy date for the September 2026 edition:
12.00 noon on Wednesday 12th August.**

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Around and about.

Quiz night at the Pennoyer Centre.

Join us for our popular Monthly Quiz. Teams of up to 6 people.

Fully Licensed Bar with guest ale from the barrel

Quiz entry fees (£5pp) payable on the night – cash preferred if possible but card machine available. Fish and Chips (other options available) can be ordered on the night

<https://pennoyers.org.uk/events/>

Arts Society, Diss.

We are a friendly and welcoming society that meets at the Corn Hall Diss at 2.00pm on the third Tuesday of the month to enjoy a wide range of illustrated talks about the Arts, given by highly qualified speakers.

15th September - THE ARTISTS' VILLAGE - Mark Bills

G.F. and Mary Watts in Compton

20th October - CARTOONS & CONTRACTIONS - Barry Venning

The wonderful world of Heath Robinson

17th November - STANLEY SPENCER - Amy Lim - Cookham, a village in heaven

Pennoyer Centre – Mark Thompson presents Space.

12th August @ 18:30 - 20:30 £8 - £12

Join BBC presenter Mark Thompson for a breath-taking journey through the universe from the moon to the most distant galaxies billions of light years away. Packed with stunning images, surprising facts and plenty of wow moments, this is a show for curious minds of all ages. Children must be accompanied by an adult.

<https://pennoyers.org.uk/events/>

Regular 'what's on' information.

Harleston Information Plus: 8, Exchange St, Harleston, IP20 9AB

www.harleston-norfolk.org.uk

Fisher Theatre Bungay: <https://fishertheatre.org/FisherTheatre.dll/WhatsOn>

Diss Corn Hall: <https://www.thecornhall.co.uk/whats-on-list/>

Pennoyer Centre - Pulham St. Mary: <https://pennoyers.org.uk/events/>

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Editor's notes.

Those cool wet days of early June seem a very distant memory as those of us without air conditioning struggle to sleep through the heat and humidity. Oh well, if we weren't complaining about the weather what would we complain about?. Answers on a postcard.....

Our regular 'Day in the Life' feature from Janice Brooks takes a break for one month and our 'Enthusiastic Starston' feature makes a brief return with my long-threatened article on our 1961 jukebox. Janice will be back with a new subject next month.

This month sees the very welcome return of our regular gardening feature by Dee the Gardener. We also have a feature on the

Bells Festival, held to mark the retirement of Herbert Websdell as bell tower captain at St. Margaret's.

Featured on this page is the notice for the Starston Church Fete which is coming very soon, so don't miss out on this 'must go' event.

Pigeon Post is here to inform you but also as a mouthpiece for you, the residents of the village. So don't be shy. Get in touch on any subject. As always, we welcome comments, letters, articles and (especially) photographs. We will try to publish what we can.

Craig

pigeonpost19@gmail.com



Any interested stall-holders please contact
Shaun Cook: scservices2019@outlook.com

Starston church fete and barbecue.

Saturday 8th August from 4pm

This year the Village Fete and Barbecue will be held at Conifer Hill on Low Road courtesy of Dickon and Emily Taylor where you can enjoy their lovely garden.

All the usual stalls will be there including the BBQ, Pimms & Beer bar, Raffle and Bottle Tombola etc.

To be a success we need lots of volunteers providing lovely cakes, bottles and Raffle prizes apart from putting up marquees and helping on the day so PLEASE give your full support.

Please contact Julian Taylor Tel. 852210 or John Formston Tel. 730283

Parish Council report.

Dear Starston residents,

The next parish Litter Pick, organised by Cllr Val Baker, will be held on Saturday 15th August starting at 10.30am at the Jubilee Hall. All ages are warmly welcome, and we will provide any equipment that you might need, (though it might be handy to bring your own gloves if you can).

It's a really valuable way of helping to keep the village tidy, as well as being a sociable way of spending the morning; so do please come and lend a hand. There will be plentiful refreshments back in the hall afterwards, from 12.45 -1.15pm. Please let

Val know if you're planning to come: val.baker@starstonparishcouncil.gov.uk or call/text 07958 669037.

The next meeting of the Parish Council will take place on Monday 21st September at 7.30pm in the Jubilee Hall. If you would like to attend the meeting, or you would like any matters raised in the public forum, please do email me in advance.

Jo Madders

Clerk to Starston Parish Council

clerk@starstonparishcouncil.gov.uk

Food waste collections are on the way.

A new free weekly food waste collection service is rolling out across South Norfolk.

The service is being introduced in 2 phases:

Phase 1: Collections start week commencing 27 July 2026

Phase 2: Collections start week commencing 28 September 2026

Not all households will begin at the same time. Residents can check which phase they are in and find their collection start date using the postcode checker on the Council's website.

Before collections begin, households will receive a leaflet with further information, along with a kitchen caddy, outdoor food

waste bin and liners. The new weekly service can be used for all food waste, including peelings, leftovers, tea bags, coffee grounds, meat, fish and bones. Food waste will be collected on the same day as rubbish and recycling collections, using a separate vehicle.

Collected food waste will be recycled into renewable energy and nutrient-rich fertiliser, helping to create a cleaner, greener South Norfolk.

Find out more and check your collection start date at:

www.southnorfolkandbroadland.gov.uk/food-waste-south-norfolk

Starston warm welcome – help required.

The Starston Warm Welcome lunch is held on the first and third Wednesdays of each month in the Jubilee Village Hall. It is open to anyone who lives in the village or who has or had involvement with the village. Guests arrive any time from 11.30 onwards and are served tea or coffee. A two or sometimes three course lunch is normally served from 12pm onwards followed by bingo and often a quiz. We can have up to twelve guests who always enjoy seeing anyone from the village who would like to drop in for a chat.

In order to host the lunch, we require helpers to fetch and take guests home, set up and take down, serve the meal as well as volunteers to cook deserts, vegetables or a birthday cake! Each of these roles plays an important part in the success of the lunches but does not need to take up much time and there is a rota so it does not need to be a big commitment.

Please contact Janet Broadhurst for further information on how to get involved on: 07956 423 223 or at:

janetbroadhurst@aol.com

Starston village litter pick.

Saturday, 15 August 2026

We'd love you to join us in helping keep Starston looking its best!

We'll meet at Jubilee Hall at 10:30am to hand out bags. Please bring your own gloves if you can. Everyone is very welcome — it's a lovely way to spend a morning together.

Afterwards, do stay for some refreshments at the hall from 12:45 to 1:15pm — a chance to relax and enjoy a chat.

We hope to see you there!

Please let me know if you are joining us by emailing me at:

val.baker@starstonparishcouncil.gov.uk or call/text me on 07958 669037

Val Baker

AN IMPORTANT MESSAGE FROM STARSTON PARISH COUNCIL

Please spare a few minutes to read this

Starston emergency plan questionnaire.

Starston Parish Council has an established Emergency Plan to help the community respond in the event of an emergency, for example due to flooding, loss of power or water supply. The plan relies on the principle that the best way for the village to respond is through good old-fashioned community spirit: local people helping their neighbours and other local people.

In order to ensure that we are well prepared for such an emergency, we are keen to know who in the village would be willing to volunteer their assistance, and who possesses any specialist knowledge or personal skills (such as medical training), or equipment and machinery that could be valuable in an emergency.

It is also important to know which residents may require specific help, whether due to illness, infirmity or lack of mobility.

We are currently updating our database and would kindly ask someone from every household in the parish to answer the questionnaire that is enclosed in this issue

of Pigeon Post. Any information that you supply will be confidential and treated in strict accordance with the Data Protection Act; it will only be shared and used in an emergency by representatives of Starston Parish Council, the Emergency Planning Department of South Norfolk Council, and Norfolk Constabulary.

Once completed, please return the questionnaire to the Parish Council's Emergency Plan Coordinator: Janet Broadhurst at The Orangery, Church Hill, Starston, IP20 9PF (black letter box on wall to right hand side of front door); alternatively scan it and send it to her at the following email address:
janet.broadhurst@starstonparishcouncil.gov.uk

The information you provide will be invaluable in co-ordinating the village's Emergency Plan, and we may be in contact for further details regarding your possible role in the event of an emergency.

Thank you.

Notes from a travelling Starston gardener.

As I've been heading up the garden in the relative cool of the evening to water my vegetables, I've been reminded of a vegetable garden surrounded by water which I saw in Cambodia.

We'd spent a morning birding on Lake Tonle Sap and had stopped at a village for lunch. It wasn't a lakeside village, it was literally on the lake, with the houses built on pontoons which rise and fall as the level of the lake changes with the seasons. We had an excellent meal in the village's restaurant where the other diners were a group of jolly Taiwanese tourists who were celebrating the birthday of one of their number, Chi. We raised a glass to her, and we all sang "Happy Birthday To You", they in Chinese, we in English.



After the meal I had a meander round the restaurant's floating vegetable garden. The floor was of wood, laid on large, blue plastic barrels which allow the structure to float. The sunken beds had sides made from thick stems of bamboo. Bamboo

poles supported a roof of bamboo slats and shade netting.



The growing medium for the vegetables was unusual. Water hyacinth is harvested from the lake, where it grows in abundance, and layered in the beds in a way that promotes good decomposition.

That's the substrate where the vegetables are grown – pak choi and other salad vegetables, with cucumbers trained up the roof supports and across the shade netting. Spring onions were growing in lengths of plastic drainpipe suspended from the roof, herbs in old plastic crates. No wasted space here. The vegetables which we'd had in our meal were excellent.

This floating garden is one of my two outstanding memories of our visit to Cambodia. The other is Angkor Wat, which had been on my bucket list since I was in my teens. The birding on Tonle Sap was pretty good, too.

Dee The Gardener

Herbert Websdell – 80 years of bellringing.

Church bells call us to worship, they ring out at times of joy and of sadness and may provide a call to action in times of danger. They provide a link between God and his people. They are part of the fabric of England.



You have to start young, and live to a good age, to celebrate 80 years of bellringing or indeed anything else that requires skill and dedication to achieve excellence. Herbert was just thirteen when he started bellringing, and you can do the maths to work out that he is now into his nineties. He certainly has skill and dedication but also a lifelong passion for bellringing. So it was on 20th June 2026, that we celebrated Herbert’s achievements at a Bell Festival held in Starston. The Songs of Praise service, led by Bishop Ian, Bishop of Thetford, provided a joyful start to the

celebrations, with the tower bells ringing a welcome and a plethora of bell-related hymns and carols (yes, we did sing *Ding Dong Merrily on High!*), most of which I did not know, but as they were all sung to well-known tunes, it didn’t matter. The pair of swallows (or house martens) that had snuck into the church that morning, swooped and danced throughout the service accompanying the words of the last hymn: ‘When the birds sing early matins ...’ with joyful song.



The Bishop presented Herbert with a handwritten card from the Lord Lieutenant, Lady Dannatt, on behalf of the King, congratulating him on his 80 years of service. The Bishop of Norwich also sent congratulations on behalf of the Diocese.

The final part of the service was the ceremonial handing over of the Key to the Tower (which is also the key to the kitchen and the loo!) from Herbert to Simon Limbrick who will be Starston’s new tower captain, though Herbert will continue to ring, for many years to come, we hope.

The celebrations continued into the afternoon with the tower bells in action, a mini-ring - a scaled-down, fully functioning set of change-ringing bells - set up on the Glebe, together with the Bellaires hand bell ringing team from Ditchingham and an exhibition of handbells and all things

handbell ringing in the Jubilee Hall. We also enjoyed tea and drinks, and courtesy of Herbert, a magnificent hog roast.

New tower bell ringers are always welcome, as is anyone interested in helping us to revive the Starston Pealers, the village handbell team.

Thank you to everyone involved in the service and the celebrations, and congratulations to Herbert on a magnificent achievement.

Rosemary Steer



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Enthusiastic Starston: electromechanical machines – our 1960s jukebox.

There's always been a healthy level of interest in jukeboxes but, in the last 20 years or so, they've gone from interesting cultish curiosities to a bit of a 'must have' accessory. It used to be possible to pick up a good machine for a few hundred pounds. Now the best examples will cost you well over £10,000. All part of the 'vinyl revival' scene.

My wife and I have always had an interest in music and never parted with our vinyl records. However, it wasn't; until 2017 that we started to talk seriously about getting a jukebox. After relatively little research, we saw a decent looking machine for sale on eBay. One trip to Bradford and a lot of lifting and pushing later it was in our lounge.

The major manufacturers were all American: Wurlitzer, Rockola, AMI and Seeburg being among the most popular. A few of my favourite examples are shown on the opposite page.

Our machine is a Seeburg AY160 from 1961. It holds 80 records and is a 'part-visible' play machine. Earlier machines tended to have the whole mechanism on full show and later machines completely hid the workings from view. For the technically minded it uses valves in the selection and amplifier circuits, as did most machines of the time.



Our jukebox belonged to a collector and had spent several years in a motorcycle museum, not being used. It kind of worked when we bought it but was highly temperamental. It was also filthy and a bit tatty having spent its early years in pubs, clubs or wherever.

Jukeboxes are large and heavy, being constructed of wood, metal and glass. They are also complex engineering marvels with hundreds of parts. The first few days were spent removing nicotine staining from all possible areas. Not easy when the stains are almost 60 years old.

There was a lot cosmetically wrong with our machine. Most obvious was the glass

panels and the sides. But most external parts and many internal ones were in need of cleaning, refurbishing or replacement. One item I refurbished myself was the front grill with the squares on it. The chrome was buffed using very fine soft brass brushes in a rotary tool then it was masked and sprayed. While not perfect it looks pretty good.

There is a fairly active jukebox restoration scene and replacement parts are still made for some of the more popular or valuable machines. Luckily ours is one with a fair bit of support out there.

We were able to source a number of new parts from suppliers in Germany and the UK, some of which have been fitted and some of which are still waiting for the long-promised phase two of the restoration. The trickiest to source was the new glass panels which had to be shipped from Germany, but arrived intact thanks to being packed beautifully in custom-made crates. We also sourced the last pair of new Formica side panels in Europe, yet to be fitted.

There is plenty more to do to get it anywhere near 'showroom' condition and playing consistently. I may cover some of the other aspects of the restoration in a future article or articles.

One side benefit of ownership is that the jukebox rekindled our interest in music and opened my eyes to the Northern Soul scene Lynda enjoyed in the 1970s. The flip side of this is that I developed an unhealthy obsession with 7" vinyl singles. I have recently sold a couple of thousand but still have well over 5,000 of them!

Maybe that's another 'Enthusiastic Starston article' in the making.....



Craig



Film night at the Pennoyer centre - Kangaroo.

August 21st doors open 7.00pm £6.00

Kangaroo is a gentle, sun-soaked family comedy that follows weatherman Chris Masterman, who becomes unexpectedly stranded on his way to Western Australia. When he crosses paths with Charlie, a spirited young girl with a big heart, the two form an unlikely friendship. Together, they take care of young, injured kangaroos, discovering resilience, humour, and the joy of connection along the way.

Please note start time: Doors Open 19:00. Film Starts 19:30.

Buy your tickets in advance online, or alternatively phone the Centre on 01379 676660, email admin@pennoyers.org.uk

This is a fundraising event to support The Pennoyer Centre Charity. Registered Charity No. 1135788



9/11: A survivors story.

Janice Brooks will be telling how, on September 11th 2001, with the kindness of colleagues and strangers, she navigated leaving the 84th Floor of Two World Trade Center.

Please join her at St. Margaret's Church, on Friday, September 4th at 7pm for a lively, emotional, but uplifting talk about the power of people, and the power of Hope.

Tickets: £15 including drinks and nibbles

Enquiries: Julian Taylor

Email: julian@homefarmstarston.co.uk

Mobile: 07855 686195

Harleston museum.

The Harleston museum may vie for the smallest museum in the county. But what it lacks in size it makes up for in quality of displays.



There are changing themed displays of aspects of local history. There is always a section devoted to Harleston's association with the Mayflower ship and Pilgrim Fathers

The museum was opened in 1982 to provide a permanent home for the exhibits depicting local history. It is open on Wednesday and Saturday mornings from 10:00am until 12:00pm from May to September.



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| Mon | 10 th | – | Great Yarmouth - £20.00 |
| Thurs | 13 th | – | Peter Beales Roses - £15.00 |
| Mon | 17 th | – | Southwold - £20.00 |
| Thurs | 20 th | – | Felixstowe Town - £20.00 |
| Mon | 24 th | – | Breckland Retail Park and Thetford Garden Centre - £15.00 |
| Thurs | 27 th | – | Woodbridge Market Day - £20.00 |

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A word from Rosedale bereavement support.

Mother Teresa said that loneliness is the 'Leprosy of modern society'. It is ironic that even though we have more ways than ever to communicate with others, almost a quarter of adults regularly experience loneliness. The rates are higher amongst younger adults.

TV, internet and social media have made many of us so self-contained that face-to-face interactions can sometimes feel awkward and difficult.

The death of a loved one can make many people feel they want to withdraw from others and hide away with their pain. Grief can be isolating as we struggle to process our feelings alone, not wanting to burden others or show the depth of our sorrow.

Even if we live with others, we can still be lonely for **THAT** special person and the closeness we shared, suddenly, there are big gaps in our life. For those who have lost a partner, coming home to an empty house can feel unbearable, many particularly struggle with long, dark winter nights: TV or radio can help to fill the silence.

Turning to alcohol can be a natural response to loneliness. In moderation, it offers relaxation and an outlet for stress. However, it is important it doesn't become a crutch and an avoidance strategy for facing real emotions.

Many find support and comfort in faith, friendship, a job or volunteering & interests and hobbies. We can never replace what our loved one brought to our life but finding

the right coping strategies can be a way of filling the loneliness with connection, purpose and fulfilment.

Engage in regular physical exercise- walking outdoors, gardening, join a gym, sports club or exercise class. Volunteer in a local charity or get involved in community initiatives. Pet ownership can be beneficial and therapeutic. Dog walking is good exercise and a great way to meet people. Pets are wonderful company giving us a reason to get up in the morning and a friendly welcome when we get home.

Take up or re-engage with a hobby. Meeting like minded people is a great way to build connections. Organisations like The university of the Third Age (U3A) offer regular talks, meet ups and outings for the retired community.

Book groups, choirs and art/craft classes are a great way to meet people & 'Men's sheds' offer friendship and practical projects to get involved in.

Perhaps consider talking to a counsellor or wellbeing professional – there are many private options or your GP will be able to refer you.

Join one of Rosedale's Bereavement Support Groups- all groups are confidential and offer a place to talk and connect with others who are also grieving. Call 01379 640 810 to reserve your free place.

*Sarah Howard, Rosedale Funeral Home
Bereavement Support Group Facilitator*

Idiotic drivers.

An email from Demelza Scholes of 'A Day in the Life' fame

Hi, this is the result of a car driver hitting me on my bike on the Hardwick Road travelling towards Starston on a Sunday afternoon in good light. I was wearing hi viz. It was on a straight bit of road just by Whitehall cottages.

I have a fractured skull and finger and lots of swelling and gravel rash.

Not sure if this is news worthy but it certainly brings home how vulnerable cyclists and pedestrians are when they are hit by a car travelling at **between 50 and 60 mph**.

Demelza



PS. The driver did stop and call the police, who then called an ambulance when they got to the scene.

A Selection of Fine Art from the Waveney Valley

Mandy and Russell Carter

Will be showcasing their work

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And Saturday 5th Sept from 10.00-16.00

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Benefice letter.

I think this year is a first for barley harvesting in June. The dry weather seems to have accelerated the ripening or in some cases it has just dried up and died.

Now that we are into August our local farmers are working right around the clock, to bring in the harvest of grain. As such, there is an ancient English Christian custom, of baking a loaf of bread from the first flour of that harvest and then bringing it to church to have it blessed. This custom came to be fixed for celebration on August 1st, and, today, is called "Lammas," which is a compound word formed from the phrase "loaf mass." Blessing a loaf of bread in church may sound a bit odd to some, but to those who find that odd, it may also be interesting to note that the Orthodox prayer books for priests also have special prayers to bless not just things like palms for Palm Sunday, but also others. These included salt, bees, beehives, honey, ambulances, fire engines, trains, cars, bridges, barns, herds and enclosures for cattle, for sowing seed, digging wells, planting vineyards, stocking fishponds and building boats. And that's just in the abridged volume

What's interesting to note about all these blessings is not so much their specialness, but rather their very ordinariness. Many of them have to do with farm life that most of us never touch directly, but certainly at least one of them touches us in some way, even if it's just the blessing for cars or salt.

One of the things I find sad in our time is that some Christians have removed God from the ordinary and placed Him in a special "Sunday slot". The very essence of secularism is not so much a denial of God or even a rejection of going to church, but rather the relegation of spiritual things to one compartment of our lives. Paul says in Acts 17:28 from the Message *"We live and move in him, can't get away from him!"*

God is in the ordinary, the everyday things of life like bread. To us bread is something we add to the meal rather than being the meal itself. To those in biblical times it was sometimes "The Meal" and bread was synonymous with food, not merely a significant part of it. When Jesus said to His disciples *"Give us this day our daily bread"* as an example of prayer He was saying *"Feed us today with all we need."*

How often have you said Give us today our daily bread? It may be just bread that we eat or ordinary food we take as a snack, but today remember that Jesus has given us freedom from sin, which separates us from our heavenly Father, and by His forgiveness made us able to stand before Him a new person. Jesus Himself, the Bread of life, is available as daily bread, not weekly or monthly.

Something to chew on in the month ahead!

John.

What's on at Harleston Library.

The Summer Reading Challenge is now in full swing but it's not too late to sign up. Pop in and see us and we'll get you started with your 'Read to the Beat' sticker sheet and the limited-edition magazine.

Don't forget our Wednesday afternoon 'Family Time' sessions start at the earlier time of 2.00pm during the School Holidays so drop in for games, craft and fun with friends.

We are pleased to announce that as well as offering 'Digital Support' sessions every Monday we are now also able to offer 'Digital Skills'. These sessions will be able to cover more in depth I.T. queries including the completion of on-line forms and on-line shopping. Drop-in between 1.00pm and 3.00pm any Monday to find out more.

Following on from the success of our 'Menopause Matters' event we are pleased to announce our 'Menopause Just a Cuppa' sessions. These will take place on the third Wednesday of every month from 5.30pm – 6.30pm. Sessions are drop-in so there is no need to book and refreshments will be provided.

The library will be closed on bank holiday Monday, August 31st.

More information at: <https://www.norfolk.gov.uk/article/40193/Harleston-Library>

Harleston Choral Society.

These are just some of the lovely testimonials we received after our recent Summer concert, which was a real challenge for everyone involved, in such extreme heat!

"Excellent choice of music. Choir and soloists were all excellent."

"First time seeing you. What a joy...a must see!"

"It was an incredible concert"

"Amazing range of sound and harmony. Really enjoyable experience for a complete novice"

If you want to join us, we have a Come and Sing! Workshop on Saturday 15th August from 10am – 4.30pm at St James Village Hall, St James, IP19 0HP. Tickets are £10 plus £5 for soup and a roll. Please contact amanda.fletcher111@gmail.com to book your place.

Our Autumn term begins on Monday 7th September and rehearsals take place on Monday nights between 7.30pm and 9.30pm at Harleston Road Church, Harleston, IP20 9BH. Please see our website www.harlestonchoralsoc.org.uk or contact Caroline Rodbourne on 01986 782545.

Friends or family visiting with (or without) dogs,
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Blackthorn Retreat is our large homely & cosy secluded shepherd's hut in Starston, and is perfect for reactive dogs, and is set alone in its own 1/3 acre meadow. 4' fencing all around. Wonderful views and walks.

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<https://www.airbnb.com/h/blackthorn-retreat-starston>

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August quiz – general knowledge.

1. Briard, Puli, Schipperke, Papillon, Akbash and Akita are all examples of what?
2. Who was the first living Australian to appear on a postage stamp?
 - a. swimming legend Dawn Fraser
 - b. tennis legend Rod Laver
 - c. cricket legend Don Bradman
 - d. opera legend Dame Nellie Melba
3. Name the films (or film series) in which each of the following computers play a role.
 - a. MU-TH-UR 6000
 - b. V.I.K.I.
 - c. HAL 9000
 - d. Red Queen
4. What are members of The Society of Friends better known as?
5. Which intoxicating spirit does one mix with Champagne in order to make the Death in the Afternoon cocktail?
6. Which popular polymer-framed pistol, used by military and police forces around the world, is named after the Austrian Manufacturer's founder?
7. Which four outfield players (keepers excluded) have played in the English Premier League at the age of 40? One point for each correct answer.
8. Who wields Mjölnir (me ol near)?

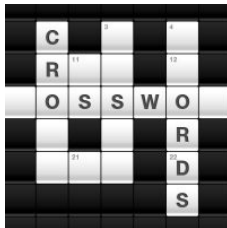
Answers to the July quiz (authors).

1. William Golding
2. Wilkie Collins
3. Sir Arthur Conan Doyle
4. Joseph Heller
5. Franz Kafka
6. Jack Kerouac
7. Alexandre Dumas
8. Salman Rushdie
9. Aldous Huxley
10. Michael Crichton
11. John Buchan
12. Mary Shelley

Answers to the July crossword.

Across.

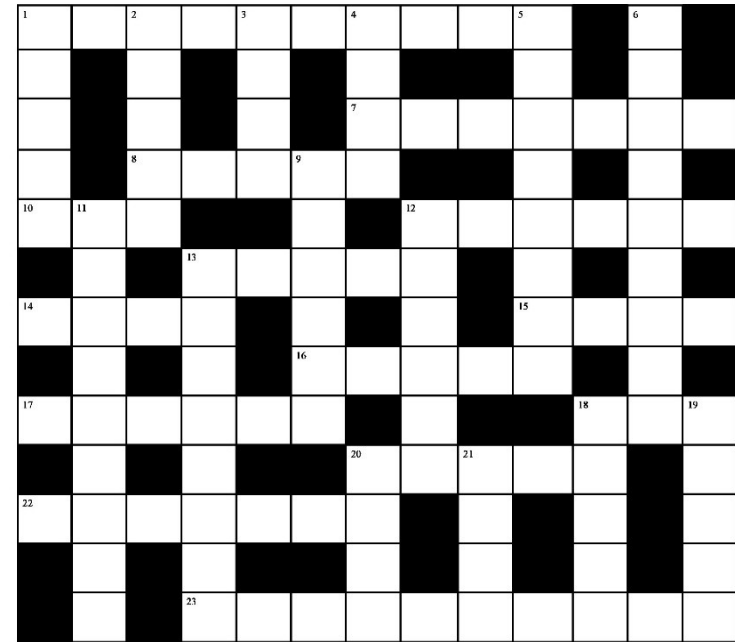
1. Quickie
5. Fast
8. Empathise
9. Joe
10. York
12. Homebred
14. Softly
15. Untold
17. Clemency
18. Asks
21. ETH
22. Estimator
24. Yodel
25. Hatless



Down.

1. Query
2. Imp
3. Kite
4. Editor
5. Queueing
6. Injurious
7. Kneaded
11. Refreshed
13. Bluebell
14. Secrecy
16. Scotch
19. Serfs
20. Emit
23. Toe

August crossword by Dahlia.



Clues across.

1. Cells of certain fungi and algae (10)
7. Send, or go, another way (7)
8. You should never take these (5)
10. Abbreviated girls name (3)
12. Playful, silly or absurd behaviours (6)
13. Pungent, bitter (5)
14. This bird symbolised wisdom, writing and arithmetic in ancient Egypt (4)
15. This wasn't built in a day (4)
16. Could these chemical compounds be found at Epsom (5)
17. Trojan hero, son of Aphrodite and Anchises (6)
18. Request (3)
20. City in Colorado named for a tree (5)
22. Capt Mainwaring was in charge of one (7)
23. Jeckells, still working in the Norfolk Broads (10)

Clues down.

1. ZIP code areas (5)
2. Large migratory water bird (5)
3. Past participle of say (4)
4. Used to propel and steer a boat (4)
5. Two or three wheeled vehicles (8)
6. Underground cemeteries (9)
9. An exit, a way of going out (6)
11. Devices to keep you dry in the rain (9)
12. Fully grown people (6)
13. A fire and chemical resistant fibrous material (8)
18. Where the foot joins the leg (5)
19. Praise or prestige (5)
20. Is this the reverse of the moon? (4)
21. A heartfelt or urgent request (4)

Benefice services in August (tbc).

	2 nd August Trinity G/Proper 13	6 th August Trinity 10/Proper 14	16 th August Trinity 11/Proper 15	23 rd August Trinity 12/Proper 16	30 th August Trinity 13/Proper 17
Pulham Market	9.30 Communion	9.30 Messy Church	9.30 Communion	9.30 All Age Worship	
Pulham St Mary	8.00 BCP Communion	11.00 CW Morning Prayer	11.00 All Age Worship	11.00 Communion	
Starston	11.00 BCP Communion	11.00 Great C Small	11.00 BCP Morning Prayer	11.00 BCP Morning Prayer	
Dickleburgh	9.30 All Age Worship	9.30 Communion	9.30 Morning Prayer	9.30 Communion	
Thelveton	11.00 Morning Prayer		6.00 Evening Prayer	11.00 Morning Prayer	10.00 Benefice Communion + Healing
Rushall		11.00 Communion			

All-age worship - suitable for everyone.	
Dickleburgh	9.30am 1 st Sundays (breakfast from 9am)
Starston	11.00am 2 nd Sundays (breakfast from 10.15am)
Pulham St Mary	11.00am 3 rd Sundays (breakfast from 10.15am)
Pulham Market	9.30am 4 th
Sundays	(breakfast from 9am)

For updates on Starston Services contact John Formston 853042 or jformston07@talktalk.net

Starston PCC Secretary:
Ruth Cawcutt Tel:01379 852087
Email: rcawcutt1@btinternet.com

All services are subject to change. For up to date information please go to the Benefice Website: www.achurchnearyou.com/benefice/26-107EP/



Starston Parish Council.

Philip Astor:	Chairman	07753 800594
Karen O'Keeffe:	Vice-chair & Internal Control of Finances	
Janet Broadhurst:	Emergency Plan Co-ordinator	01379 853480
Chris Sparrow:	Footpath Warden	
Stuart Griffin:	Member	
Val Baker:	Member	
Jake Stone:	Member	
Highways Defects, Village Maintenance, SAM 2 Equipment, General Enquiries		
Joanne Madders:	Clerk to the Council & RFO	
To contact Starston Parish Council: clerk@starstonparishcouncil.gov.uk		

Local councillors.

Joseph Kerrison	County	joseph.kerrison.cllr@norfolk.gov.uk	
Clayton Hudson	District	clayton.hudson@southnorfolkandbroadland.gov.uk	01379 676259
Delme Thompson	District	delme.thompson@southnorfolkandbroadland.gov.uk	

Waveney Valley MP.

Adrian Ramsay:	Suite 1B Navire House, Mere Street, Diss, IP22 4AG	
	waveneyvalleyoffice@parliament.uk	01379 830200

Community services.

Local Buses - from Starston to Harleston and Starston to Long Stratton and Norwich	For information Ring: 0871 200 2233 12p a minute plus access charge
Border Hoppa - dial-a-ride service	Ring: 01379 854800
Police - (non-emergency)	Ring: 101
Safer Neighbourhood Team	Email: sntharleston@norfolk.pnn.police.uk
Report Power Cuts	Ring: 105
Report Flooding	Ring: 03448008013
If you are in danger call 999	Email: www.norfolk.gov.uk/flooding
NHS Emergency & Urgent Care Services (Including Emergency out of hours chemist)	Ring: 111 when it's less urgent than 999
Refuse Collection and Queries	Ring: 01508 533830
Harleston Information Plus	Ring: 01379 851917 Email: hip@harleston-norfolk.org.uk

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