





'For Starston People' The Production Team		Copyright © 2024 PIGEON POST			
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ISSUE EDITOR	Christina Greathead				

Whilst the editorial team do not necessarily agree with the opinions expressed by contributors, they believe that the magazine is available for local people to air their views. Letters to the Editor must be signed. The Editor reserves the right to alter or amend any copy received. Items for inclusion in the next issue MUST reach the Co-ordinating Editor by noon on12th of the preceding month, (usually earlier in December). Space in the magazine will be allocated on a first come, first served basis. Photos and pictures are welcome and will be used wherever possible.

Please send copy by e-mail to: pigeonpost19@gmail.com

Advertising

For advertising rates please contact

Liz Stacey: Tel: 01379 853427 Email: elizabethstacey99@hotmail.com

Advertisements should reach us by 10th of the preceding month to be considered for inclusion

Distribution

Pigeon Post is delivered free to every home in Starston. It can also be sent by email in PDF format. To request a PDF version please contact the Co-ordinating Editor.

If you know of any new residents in the village please tell **Norman Steer (854245), Michael Bartlett (852318)** or **Brian Greathead (852352)** to ensure they are welcomed and receive the Pigeon Post

Front Cover Photo: Starston Kingfishers: Helen Knowles & Rosemary Steer

Village Diary

Saturday 3rd February

9.30 am

Glebe Meadow Working Party—see Page 7

Saturday 10th February

7.00 pm

Family Concert, St. Margaret's Church—see page 20

Saturday 17th February

7.00 pm

Burns night in the Jubilee Hall - see page 20

Saturday 24th February

3.00-4.30 pm

Youth Club — Origami for beginners in the Jubilee Hall

Saturday 30th March

Youth Club - Easter Egg Hunt on the Glebe with Easter crafts

Saturday 20th April

Time TBC

Auction of Promises in St. Margaret's church



To Book the Jubilee Hall - Contact the Bookings Manager:

Robert Wood: 01379 852535 **or Email**: starstonrobert@gmail.com **Deputy**: Joy Brooks: 01379 854755 **or** joybrooks2007@yahoo.co.uk



Let us know of anything happening in the village

Personal adverts and events are free so long as they are not for personal profit

Jubilee Hall Wi-Fi Hot Spot: Network: Jubilee Hall Password: Starston

Starston Village Website: http://starstonvillage.co.uk/

Webmaster: Stuart Griffin: Website Email: info@starstonvillage.co.uk

Final Copy Date for the March Edition: 12.00 Noon - Monday 12th February



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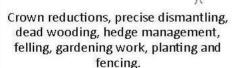
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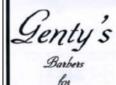
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Harleston

IP20 9AT

Mon 8.30am - 1.pm 2 pm - 7.30pm

Tues 8.30am - 1pm 2pm - 5.30pm

Wed 8.30am - 1pm 2pm - 5.30pm

Thurs Closed

Fri 8.30am - 1pm

7a Bullock Fair Close Sat 7.30am - 12.30pm

Door closes 15 mins prior to last haircut 01379 854047



Around and About

Pennoyers Gardening Club

3rd Tuesday of the month | 7pm-9pm

A warm welcome awaits at our hands on gardening club. Annual Subscription £5.00. Thank you to our Gardening Club sponsor: Whartons Garden Roses for supporting this community group.

Pennoyers Book Club - 3rd Friday afternoon of the month.

All welcome 2pm

Please contact <u>admin@pennoyers.org.uk</u> for details.



Harleston Valentines and Pancake Event @ Market Place

Come along to the Market Place and take part in Valentines Crafts and Activities.

Saturday 10th February—all day! Create your own pancake

Harleston Country Market @ King George's Hall Weekly Feb 7/14/21/28 @ 9:30 am -11:30 am Part of the UK-wide Country market movement, our members cook, craft and grow as part of a local cooperative.

We supply homemade bakery, locally grown fruit and vegetables and unique craft.

Coffee and home-made biscuits at our popular cafe.

Front entrance next to the Museum, corner of Mendham Lane and Broad Street.

Parking and rear entrance in St John's car park

Historical Society at St John's Church Feb 22nd at 2:00 pm

There are regular monthly meetings at 2:00pm on the fourth Thursday of each month. Meetings take place in St John's Church which has a wonderful sound system and two large TV screens. Parking is available in the car park to the side of the church.



Sty View Station Road Burston, Diss IP22 5UB

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Editor's Notes

As I edit this edition, it is mid-January, the New Year is just behind us and the evenings are beginning to lengthen. Very frosty morning today, bright sunshine outside and the tips of the snowdrops and daffodils are beginning to show. We even saw aconites in yellow bud along Crossways on our walk a few days ago. Ours are stubbornly still under the soil but so much to look forward to once the early Spring flowers start blooming.

There is still some evidence of the high water mark along the Beck left by the heavy rainfall over December/January but today there are still tranquil views through the trees. This month's front cover shows some of the colourful visitors to its waters.

But keeping the meadow and the Beck in good condition doesn't just happen, there needs to be willing volunteers to keep it looking good for us

willing volunteers to keep it looking good for us all. Peter Grimble is the man and below is his message! And thank you everyone.



Christina



Glebe Meadow Winter Bash

Don't forget our next volunteering session is on the morning of Saturday 3rd February from 09.30. Everyone is welcome. We'll start with a demonstration of the erection of the flood barrier at Jubilee Hall. It takes about 15 minutes to do and the more people who are able to help in an emergency, the better.

The priority in Glebe Meadow is cutting back the sycamore and other regrowth on the banks of the Beck, requiring saws, pruners and rakes.

We look forward to seeing you in action in Glebe Meadow in 2024!

Peter Grimble

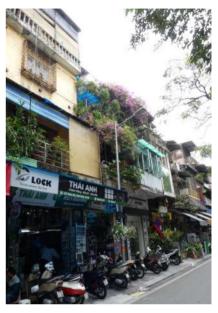


Notes From A Travelling Starston Gardener

These are pictures of some of the gardens in Hanoi, Vietnam, which use whatever space is available from balconies and rooftops to the courtyards of temples.

These pictures can really only be appreciated in colour but last month they were accidentally printed in black and white so here is a chance to see them properly.









It only goes to show that if you want to garden, you will garden, whether you have a plot or a pot.



A New Year's Message from CPRE Norfolk

2023 flew by, seeing us involved in many campaigns and planning issues. We had success in helping moderate and even prevent some planning applications proceeding where they were not in the local community, or rural Norfolk's best interests. We managed to moderate the excessive housing targets in the Greater Norwich Local Plan through the planning inspection process, a major win. But that does not mean we are trying to stop houses being built. The truth of the matter is that the housing crisis is only in particular sectors such as first-time purchases and social housing. We will continue to campaign in 2024 for focus on these areas.

Our other campaign plans for 2024 include -

- Bringing practical help to local communities about how they and landowners can work together to manage local flood risks, a growing issue as our climate changes.
- The proposal for a rash of new pylons will remain a campaign priority, and we are already working with Suffolk and Essex CPRE branches to seek better solutions.
- We will continue to campaign with other environmental organisations against the North Western Link Road. We know a solution is required and have set out how it can be achieved without the mass environmental destruction or the huge costs involved by the current proposal.
- Green energy and making houses fit for purpose are two key areas where we can see reductions in fossil fuel consumption. Through our campaigns such as rooftop solar, grants to improve insulation and local energy grids, we will work to inform the national debate (and politicians!).

In Norfolk we are very fortunate with our beautiful countryside. This needs to be protected and available to all of us, which means making sure it is accessible not just by car. We must allow visitors to enjoy it, regardless of whether they need any mobility or other aids to assist their experience. The benefits of being able to spend time and walk in nature are hugely beneficial, and councils must plan accordingly.

We can all make New Year's resolutions to help mitigate the effects of climate change, reduce food waste and use Norfolk's natural resources to improve our own health. With a potential general election looming, we should ask each of our candidates about the actions they will actually take, both locally and nationally, on all these issues. CPRE Norfolk will be pressing to make Norfolk a leader in natural climate change mitigation, and promote the green energy revolution in such a way that we protect our precious landscapes, environment and dark skies.

We are always looking for new volunteers and trustees and would love to hear from you if you feel you can give some time. Volunteering is a great way to gain personal benefits and is very rewarding.



County Councillor's Report

Almost 15,000 people will be able to get free bus travel in Norfolk earlier in the day from February 1st. Norfolk County council has announced that people living in the county, who hold a disabled concessionary bus travel pass and eligible companions, will be able to travel within Norfolk for free at any time, seven days a week. Up until now, those concessionary pass holders had to wait until after 9.30am on weekdays before they could travel for free, apart from those people registered blind or visually impaired. This ensures they have access to work, education and leisure and helps to combat the risks of social isolation which can be associated with having a disability.

A multi-million-pound proposal to modernise fire service buildings has been agreed at NCC in a bid to recruit more women. The proposal is part of ongoing Infrastructure work to help improve the inclusivity of Norfolk Fire and Rescue Service (NFRS) buildings and standardise the layouts of its buildings. Norfolk has the lowest proportion of female firefighters in England and the provision of adequate facilities to support women into the profession is a key step in improving the situation. It is clear fire stations are important buildings in their local communities with pride and care taken in them by fire crews.

An extra £9m to tackle Norfolk potholes has been awarded to NCC for the next 2 years — with a total of £141m to be spent over the next decade. The government has said NCC will get this money from funds redirected after scrapping the northern leg of the HS2 high-speed rail line. The Department for Transport (DfT) said Norfolk will get £141.2m over the next 11 years to 2034 and Suffolk will get £107.6m. The government said it is up to local authorities how to spend the maintenance funding, but part of the reason for the increase in funding is so they can "improve the quality of road surfaces in the future" rather just focus on fixing existing potholes.

NCC have revealed plans to change the number of preferences parents can list when applying for school places. The number is to increase to four from the existing three and will be available for school applications made from 2025. This change comes after more than 300 families missed out on one of their top three preferences for the current academic year.

Preparation work has started on the Long Stratton Bypass with clearing the route ready for construction work to start in the spring.

NCC will set its budget for the financial year 2024/25 at the full council meeting to be held on Tuesday 20th February

My next surgery will be on February 3rd at HIP 10.00 am.

Best Wishes



Pigeon Post Archive STARSTON WINDPUMP

RESTORATION COMPLETE

In 1992 Richard Lombe Taylor wrote the following article for the Pigeon Post on the completion of the restoration work on the Starston Windpump. It gives an insight into this historic building's original use.

There has been a great deal of activity along the banks of the Beck this past month. Work has started on replacing the footbridge near Streamlet Farm, where concrete piers are in place ready for the wooden timbers to span the river. The main excitement however, has been the completion of work on the windpump; the sails spinning round earlier this month were certainly a magnificent sight.

This unique pump has been restored to its former glory and is a scheduled Industrial Monument. The pump was built in the 1830s by my great grand-father to pump water to Home Farm and the original Starston Place. The pipeline ran under what is now Peter Blake's garden (*Denbridge*), along his meadow, across the road and up the loke between the Smithy and Hillside.

The main valve control position still remains near the Home Farm Horse Pond. This could direct water in different directions and also controlled the supply from another well in the meadow in front of Starston Place.

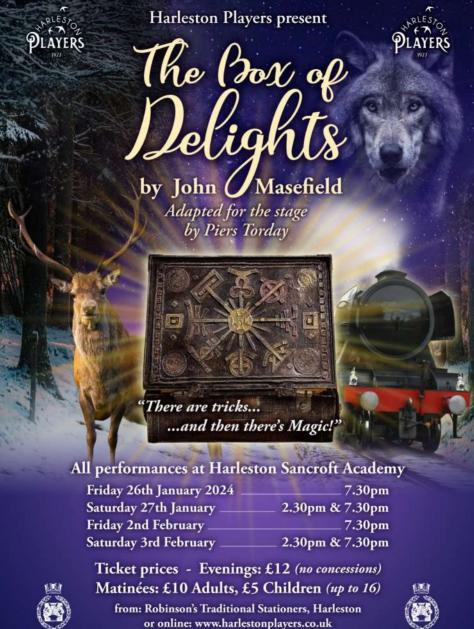
A very large amount of water was needed to fill the boiler of a fixed Steam Engine from an overhead tank at Home Farm. This engine drove various chaff-cutters, turnip cutters and cake breakers to supply cattle feed. There were no such things as concentrates in nut form and protein cake came in large slabs.

In the past all this water had to be carried by iron-wheeled, horse-drawn water carts which were filled by bucket from the Beck. Back breaking work it must have been and the farm labourers of those days must have blessed the Windpump.

RGLT









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The Box Of Delights

Kay Harker is heading home for the school holidays. Recently orphaned, he knows this Christmas will be different, but nothing could prepare him for the journey that lies ahead.

On the train he meets an old magician, Cole Hawlings, who charges Kay with the task of safeguarding a wondrous device that has time-travelling powers. It's an instrument that Cole's nemesis, the wicked sorcerer Abner Brown, will stop at nothing to steal. And so, when the old man mysteriously disappears, Kay faces the fight of his life. He must protect both the Box of Delights and, with it, the people he loves.

The Box of Delights' timeless appeal is its genre-busting combination of classic children's adventure – ancient folkloric magic, Christmas feasts and talking animals – with bang up-to-date thrills: criminal gangs, cars that turn into aeroplanes and, of course, teleportation.

For dates and ticket prices see poster on opposite page.

Harleston Choral Society

Our Spring Term began on Monday 8th January, but it's not too late to join us.

We're rehearsing *Saint-Saëns Requiem* and *Dvořák Mass in D Major* for our Summer Concert on 29th June. We welcome everyone – especially Altos, Tenors and Basses - even if you've never sung in a choir before.

There are no auditions, and music is provided free.

Practices are on a Monday evening 7.30 pm- 9.30 pm, in The London Road Church, Harleston IP20 9BH. Parking is available in The Original Factory Shop (TOFS), almost opposite the church

Further information about the choir is on our website www.harlestonchoralsoc.org.uk or from Stella Brownsea at heidihouse@btinternet.com





Creative Starston

JANE GERMAN – A PAINTER'S LIFE

I decided at an early age I would be an artist. Often praised for my art at school I won colouring prizes and drew 'best in class' and got my work on the wall and could draw things from imagination. It was my 'best' subject.

Born on the edge of the Charnwood Forest in Leicestershire, I spent happy school holidays playing around the farm and fields and woodlands, sometimes with one of my four older brothers, bird nesting, building dens, making dams in the brook or fishing for bullheads under stones or sticklebacks, minnows, catfish, crayfish and spotting trout and eels from time to time in the deeper water. The countryside in which I lived provided reference for my art as a child and it still does at seventy something. Cattle, horses, pigs, poultry, dogs and birds have all crept into my paintings.

At Loughborough Art College I studied Printed Textiles then went to Brighton in 1965 to gain a post graduate Teaching Diploma. While teaching in West Sussex I joined an evening life drawing group in Chichester. Doing that, and spending a



month each year in August in Monpazier in the French Dordogne with the family, gave me some freedom and space to draw. Drawing has always been at the foundation of my work. I sketched my children as they grew up too – a nice record of their childhood and as they got older I began to exhibit my work.



Corfu Goat

Then in 1992, after twenty four years of teaching and bringing up my three children and having recently remarried, I gave up running an Art Department in Chichester and moved to Starston. In the past I often organized and set up my own exhibitions in hired spaces but now I show only through galleries. In The Oxmarket Art Gallery, Chichester I had a number of one person and joint exhibitions over the years. One collection of paintings and pastels was from a time spent on Corfu and another was from times spent in Malta staying in the artist Victor Pasmore's house with his wife Wendy and Mary their daughter who was married to an old friend of ours, Derek Nice, a sculptor and painter.



Creative Starston

The main theme of the Malta work was the 'street cats' who Wendy gave refuge to and who wandered round the courtyard striking up poses amongst the exotic, colourful gardens.

Since living here my main exhibitions have been of 'cattle' paintings; some were referenced from my brother's cattle but most were of the Taylor's dairy herd which once grazed the meadow below our house by the Beck. A number of these works were quite large and I first showed them in a joint exhibition with my husband



David, at Halesworth in The Cut Galleries. We were delighted to have Richard Mabey the naturalist to open our exhibition and say a few words.



When asked "Oh, and what do you paint?" I've always struggled with the answer as the subjects or themes have varied over the years. I would describe myself as a 'figurative' painter and my reference has often been drawn from domestic animals and wild birds. However, more recently I've been working on still life compositions which weave together objects such as found feathers, pebbles, shells and nests and eggs, garden produce and anything I fancy!

You can find more information on my website: www.janegerman.com







Pennoyer Film Night - Friday 16th February OPPENHEIMER (15)

During World War II, Lt. Gen. Leslie Groves Jr. appoints physicist J. Robert Oppenheimer to work on the top-secret Manhattan Project. Oppenheimer and a team of scientists spend years developing and designing the atomic bomb. Their work comes to fruition on July 16, 1945, as they witness the world's first nuclear explosion, forever changing the course of history.

Tickets cost £5.00 if booked in advance or £5.50 on the door.

If you book and then find that you are unable to come, please let us know at your earliest convenience and we can reallocate your ticket.

The bar opens at 7.00 pm and the film will commence at 7.30 pm.

RoughCast Spring Tour – Top Girls by Caryl Churchill

March 14th - 24th

Named by The Guardian as one of the 10 greatest plays of the 20th century, Caryl Churchill's groundbreaking play focuses on Marlene, the head of "Top Girls" employment agency, and explores the compromises that she has had to make to achieve her hugely successful career.

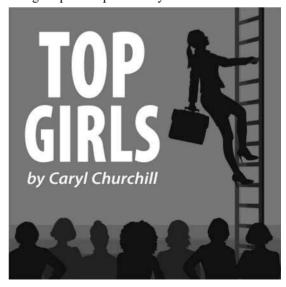
From a surreal and hilarious celebratory dinner party in a London restaurant with a cast of women from history and fiction, to a poignant confrontation between two sisters in a Suffolk kitchen, it is a highly entertaining exploration of the challenges faced by women throughout history and right up to the present day.

"A work of genius that never dates." The Independent (of the 2019 National Theatre revival)

Thurs 14th: Beccles Public Hall, Fri 15th: The Cut, Halesworth, Sat 16th: Laxfield Village Hall, Thurs 21st: Fisher theatre, Bungay, Fri 22nd: Diss Corn Hall, Sat 23rd & Sun 24th: Wingfield Barns

All performances start 7.30pm. Tickets £12 or £6 (students) Suitable for Age 14+

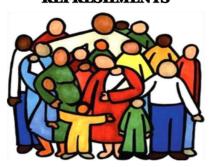
For further details *www.roughcast.co.uk* or Tel: 01379 586745





YOU ARE WARMLY INVITED TO OUR MOTHERING SUNDAY SERVICE AT ST MARGARET'S CHURCH STARSTON ON SUNDAY 10th MARCH 2024 AT 11.00 A.M.

COME AND JOIN US THERE WILL BE LOTS OF FUN THINGS TO DO A SPECIAL FLOWER POSY FOR ALL REFRESHMENTS



Harleston & District u3a

Welcomes you to our monthly talk, *The Silk Roads Cities of Uzbekistan*, on Wednesday 21st February at 2.00 pm in St John's Church, Harleston IP20 9AZ. It will be given by Pat Alker, based on her wide travels in that area, with lots of photos of the stunning architecture, and with reference to the current revival of the concept of linking Europe with the Far East, and – as she says – 'with all places in between'.



Masterpiece of the Islamic art and Quran calligraphy in the Abdulaziz-Khan Madrasah in Bukhara. Uzbekistan

Further information about this and all Harleston & District u3a's activities is on our website *www.u3asites.org.uk/harleston* or by contacting Kim Poulton on 01986 788149.



Starston Tower Bells - A success story

For many years I have struggled trying to get ringers for the bells. I have taught several ringers but have failed to keep them. Most seem to lose interest and leave. At present there are enough to ring all six bells most Sundays. Starston is one of a few local churches to have bells ringing regularly.

I am proud to have passed the ancient skill to so many during my lifetime. I have taught many to ring (I learned to ring in Oct 1946 aged 13 years at Pulham Market Church). Since then I have rung at many churches. Julie and myself started at Starston about 50 years ago.

As a ringer no musical knowledge is required, nor strength. Many ringers are ladies, age is not a barrier. Tower bells use much less energy than hand bells (we often ring continuously for 30 minutes). The only requirement is height and a willingness to learn. Visitors, ringers or not, are always welcome to visit our tower to watch the bells being rung and possibly have a try at ringing. Just come along Wednesdays or Sundays you can hear the bells.

A big thank you to the ringers who turn up to practices and services regularly and for making sure the ringing continues during my absence.

Herbert Websdell (Tower Captain)



'FRIENDLY INVASION'

2024 marks the 80th anniversary of the D-Day landings, an extraordinary military operation which changed the course of World War II and put the Allied forces on the path to victory.

To mark this momentous year, *Harleston Players* are teaming up with Metfield-based singing group, *Station 366*, plus a team of local Lindy Hop dancers, to create "**Friendly Invasion**", a show about the arrival of the USAAF to this area and the ways in which the presence of thousands of Americans influenced life in the region.

Auditions for actors will be held in March (see Harleston Players website for dates) and are open to all. Please contact either Eileen Ryan on *anyoldryan@gmail.com* or Sara Curtis on *curtissara155@gmail.com*

But, before then, *Harleston Players* are holding an afternoon workshop for anyone who might be interested in getting involved in this production and would like to know more.

Come along to Jay's Green Community Centre, Harleston, on Sunday, 11th Feb, 2.00 – 5.00 pm and join us in singing a few wartime songs, reading aloud some pieces from the script and maybe learning some dance moves! Tea, coffee, squash, biscuits provided.

Harleston Library is 60

 14^{th} February we will be holding our 60^{th} Anniversary Celebration afternoon. Come and see our display of 'Highlights in the History of Harleston Library'.

Share your stories and memories. Refreshments will be provided.

Harleston Library officially opened on 11th December 1963, but we have decided to tie our celebrations in with 'Library Lovers Month' which runs for the whole of February.

Dates for your Diary (all activities are free of charge with refreshments available)

Every Monday LEGO Club 3.30-4.30 pm

Wednesday 7th February: Meet & Make group (Adults) 2.00pm-3.00pm

Celebrate 'Year of the Dragon' with some Chinese ink painting.

Family Fun Time (Accompanied children aged 4+) 3.30-4.30pm Wednesday 14th February - Knit & Natter Group 1.30pm-3.00pm

 $\frac{\text{dary}}{60^{th}}$ Anniversary Celebration -2.00pm-5.00pm

Monday 19th February: Digifest Event for Key Stage 1 children – Let's Go Code!

1.00pm PLACES ARE LIMITED SO BOOKING IS ESSENTIAL

Wednesday 21st February Meet & Make group (Adults) 2.00pm—3.00pm HALF TERM Family Fun Time (Accompanied children aged 4+) 2.00-4.00pm

Wednesday 28th February – Knit & Natter Group 1.30pm-3.00pm

Email: <u>Harleston.lib@libraries.norfolk.gov.uk</u> Tel: (01379) 852549





Concert at St Margarets Church

A family Concert not to be missed St Margaret's Church, Starston 10th February starting at 7.00 pm.

Featuring

Acapella Choir

'Village Voices'

8

Professional Percussionist
Simon Limbrick to delight you on his Marimba and More.

Tickets from
Ruth Cawcutt: 01379 852087 Norman Steer: 01379 854245
Cost £10.00
Bar and refreshments in Interval

Simon Limbrick's involvement in music embraces performance, composition and education, both in the UK and Internationally, and his current output appears on the BBC, at the Wigmore Hall, South Bank, Royal Opera House, London, Birmingham, online performance spaces, and many others. He has taught as a full-time school teacher, University lecturer, and continues to lead creative work with young people at the Guildhall Young Artists Norwich, and Norwich Primary Orchestra/Purcell School.

Burns Night Supper

Saturday February 17th, 7 - 7.30 in the Jubilee Hall.

A traditional Burns supper with piper to pipe in and address the Haggis. Music by the Starston All Stars.

Vegetarian options for the Scotch broth and haggis will be available. THIS MUST BE ORDERED AT THE TIME OF BOOKING.

A cash bar with beers, wines, soft drinks and also whisky to toast the Haggis is included in the price

The price for the evening is £15. Booking is essential. CASH ONLY with booking please to J + H Websdell 10 Wilderness Close, Harleston, Norfolk, IP20 9DB, 01379853967.

Places are limited to 30 (Booking only).

A raffle will take place, prizes will be gratefully accepted. Proceeds to St Margaret's Church (Heating Fund).



Benefice Letter

For many, February is the month of love, with St Valentine's Day celebrated on February 14th. The story of St Valentine is one of sacrifice, giving and cost. He ministered to persecuted Christians and was soon martyred on February 14th 269 AD, for his belief in Jesus – he loved Jesus so much he gave his life for him. As well as patron of those who fall in love, Valentine is also the patron Saint of beekeepers and those with epilepsy. It seems odd that we celebrate love and relationships on a day when someone died for a cause they believed in. I guess that is the point! It's because Valentine died for the person he loved that we might have a cause to celebrate the love we share with others – whether that be a spouse, partner or friend.

Jesus also gave his life for those he loved – us – me and you. He gave his life because God so loved the world. He gave his life that we might have life – that his life might overflow from us to others around us. That is love.

Love is not always easy — in fact, true love is rarely the easy path to tread. It is, however, worth devoting our lives to because 'love never fails'. Love, which we find in Jesus, always wins and its that love we see transforming lives and communities across the globe on a daily basis.

February 14th, this year, is also Ash Wednesday, which kicks off the season of Lent. It is a rather solemn day, on which we remember our mortality and frailty. But it is a day when we also remember our need for God and his amazing love for us. It is that love that supports, sustains and holds us. Lent calls us to discover again what it means to be children of God and to rekindle our love for God. When you think about it, the clash of Valentine's Day and Ash Wednesday is the perfect combination!

Why not discover again, or for the first time, the love of God with us over Lent. You'll find service times in this magazine. You can be assured of a warm welcome and a whole lot of love!





New Churchyard Gates

The new Church gates were made by Richard Hitchman, who has made the furniture for the Glebe,. The gates were generously paid for by three anonymous benefactors.

The gates were made as an exact replica of the Victorian originals and will be dedicated by the Rev Carl in the spring when hopefully it will be warmer.

Julian Taylor



Cookery Corner

Oat Cookies

Christina Greathead

A very quick, easy biscuit/cookie to make from store cupboard ingredients. A recipe given to me by a good friend which I hurriedly wrote onto the back of an old envelope. Envelope now covered with spatters, watermarks and scribbles. Well used.

5 oz (145g) flour – Self Raising or Plain (with one and a quarter teaspoon baking powder)

2 oz (60g) Porridge Oats

4 oz (115g) sugar, brown or white

5 oz (145g) butter or baking fat

4 oz (115g) dried fruit of your choice

1 large egg (or two smaller ones)

Half teaspoon Mixed Spice

Half teaspoon Ground Cinnamon (or Ground Ginger)

Rub the butter into the flour until like breadcrumbs Add sugar, dried fruit, Mixed Spice and Cinnamon

Add beaten egg and mix to stiff dough

Use a dessert spoon to divide up the mixture and roll into small balls using flour to stop the mix sticking (balls about 3cm dia.). Makes about 30 cookies.

Spread out on baking tray.

Bake for 12-15 mins at 175 degrees, don't overbake. They should be domed, crumbly and pale brown.

Store in a tin.



- Door to door dial-a-ride service
- Weekly members outings throughout the year
- Group hires for not-for-profit organisations

Borderhoppa Outings for February

Mon 5th – Stowmarket – Fare £15.00

Mon 12th – Lunch at The Four Horse Shoes, Thornham Magna – Fare £8.00

Thurs 15th- Pennoyer Centre Coffee Morning, Pulham St. Mary – Fare £8.00

Mon 19th – Taverham Garden Centre, Norwich – Fare £18.00

Thurs 22nd – The Range and Lunch at the Copper Beech, Norwich – Fare £18.00

Mon 26th – Cherry Lane Garden Centre, Pulham – Fare £8.00

To book or for more information please call 01379 854800 or visit our *website www.borderhoppa.org*



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https://www.airbnb.com/h/blackthorn-retreat-starston





Quiz Time

There is no quiz this month but here are the answers to the January Quiz.

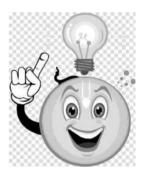
January Answers - Where Were They Born?

- 1. Duke of Wellington Ireland
- 2. Mel Gibson Australia
- 3. Audrey Hepburn Belgium
- 4. Sandy Toksvig Denmark
- 5. Florence Nightingale Italy
- 6. Freddie Mercury Tanzania
- 7. Che Guevara Argentina
- 8. Russel Crowe New Zealand
- 9. Cliff Richard India
- 10. Joanna Lumley India



Invent Your Own Quiz

All you have to do is to compile 10 questions on a common theme and send them - with the answers - to pigeonpost19@gmail.com.



Answers to the January Crossword

Across

- 1. Road
- 4. Puzzled
- 9. Ear
- 10. Affix
- 11. Bight
- 12. Tom
- 13. Juror
- 15. Pharynx
- 17. Hazily
- 19. Jacals
- 23. Chalked
- 26. Lymph
- 29. Joe

- 30. Libra
- 31. Rioja
- 32. Sag
- 33. Rampart
- 34. Yoyo

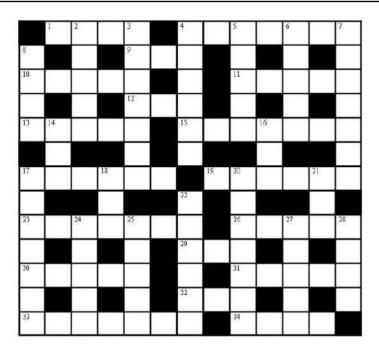
Down

- 2. Offer
- 3. Dextral
- 4. Prompt
- 5. Zebra
- 6. Loggy
- 7. Detoxes

- 8. Hajj
- 14. U3A
- 16. RAC
- 17. Heckler
- 18. Ill
- 20. Allergy
- 21. Lap
- 22. Adjust
- 24. Album
- 25. Koala
- 27. Moody
- 28. Heap



Crossword Corner



Unfortunately we do not have a Crossword this month so why not have a go at compiling your own using the grid above. Other crossword grid layouts are available from the Pigeon Post team.

The best way is to fill in the grid first with words that link across and down. Once your grid is complete you can work out clues that will lead to the answer.

It's great fun so why not give it a go and send the result to **Pigeon Post:** pigeonpost19@gmail.com







Benefice Services in February - TBC

	4th	11th	18th	25th	
Dickle- burgh	9.30 am HC	9.30 am Morning Prayer	3.30 pm Evening Prayer	9.30 am HC	
Pulham Market	9.30am HC	9.30am Messy Church Methodist Hall	9.30am HC	9.30am Morning Prayer	
Pulham St Mary	8.00 am HC	9.30 am HC	9.30 am Matins	9.30 am HC	
Rushall	Church open for prayer	11am HC	Church open for prayer	Church open for prayer	
Starston	11.00 am HC	11.00 am Morning Prayer	11.00 am HC	11.00 am Morning Prayer	
Thelveton	11am SW	Church open for prayer	11am BCP Matins	11am HC	

All services are subject to change. For up to date information please go to the Benefice Website: https://www.achurchnearyou.com/benefice/26-107EP/

For updates on Starston Services contact John Formston 853042 or jformston07@talktalk.net

Starston PCC Secretary: Ruth Cawcutt. Tel: 01379 852087 Email: rcawcutt1@btinternet.com

Key to Services

HC: Holy Communion
PC: Parish Communion
BCP: Book of Common Prayer
SW: Sunday Worship
CC: Café Church



Starston Parish Council

Philip Astor:Chairman & Tree Wardenphilipastor@mac.com07753 800594Janet Broadhurst:Emergency Plan Co-ordinatorjanetbroadhurst@aol.com01379 853480

Stuart Griffin: Member stuart.griffin@live.co.uk

Andrew Knowles: Litter Pick Co-ordinator andrewknowlesSPC@outlook.com 01379 855060

Andy Leitch: Welcome to Starston Co-ordinator

SAM 2 Equipment andy@startronics.co.uk 01379 423387

Karen O'Keeffe: Internal Control of Finances karenokeeffe63@icloud.com 01379 423761

Chris Sparrow: Footpath Warden chris.sparrow2211@hotmail.com

Highways Defects, Village Maintenance, General Enquiries

Libby Alexander: Clerk to the Council and RFO 07943 279946

To contact Starston Parish Council: starstonparishcouncil@yahoo.co.uk

Local Councillors

Martin Wilby County 01379 741504 martin.wilby@norfolk.gov.uk

Clayton Hudson District 01379 676259 chudson@s-norfolk.gov.uk

Delme Thompson

District 013/9 0/0239

delme.thompson@southnorfolkand

broadland.gov.uk

Community Services

Local Buses - from Starston to Harleston and
Starston to Long Stratton and NorwichFor information
Ring: 0871 200 2233

Border Hoppa - dial-a-ride service Ring: 01379 854800

Police - (non-emergency) Ring: 101

Safer Neighbourhood Team Email: sntharleston@norfolk.pnn.police.uk

Report Power Cuts Ring 105
Report Flooding Ring 03448008013

If you are in danger call 999 Email: www.norfolk.gov.uk/flooding

NHS Emergency & Urgent Care Services
(Including Emergency out of hours chemist)

Ring: 111
when it's less urgent than 999

Refuse Collection and Queries Ring: 01508 533830

Harleston Information Plus

Ring: 01379 851917

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