

PIGFEON POST



STARSTON

www.starstonvillage.co.uk

19 80

August 2016 Issue 295



'For Starston People' <i>The Production Team</i>		<i>Copyright © 2016 PIGEON POST</i>
Co-ordinating Editor:	Michael Bartlett: Tel: 852318	The Red Cottage, The Street Email: editor@pigeonpost.org.uk
Editorial Team:	Christina Davies: Sue Moore: Stella Rice:	Email: davieschristina@btinternet.com Email: suemoo@tesco.net Email: ricestar@aol.com
Treasurer:	Mandy Carter: Tel: 854600	Brick Kiln Farm, Cross Roads Email: mcarter@carrotech.com
Advertising Manager:	Liz Stacey: Tel: 853427	The Old Coach House, Starston Email: elizabethstacey99@hotmail.com
Distribution Organiser:	Sue Moore: Tel: 852387	Cranes Watering Farm, Rushall Road Email: suemoo@tesco.net
Distributors include:	Brenda & David Beech, Mandy Carter, Jo Dye, Patricia Lombe-Taylor, Alison Miners, Rosemary Steer, Anita Weatherley, Liz Woodley and others.	
ISSUE EDITOR	MICHAEL BARTLETT	

Whilst the editorial team do not necessarily agree with the opinions expressed by contributors, they believe that the magazine is available for local people to air their views. Letters to the Editor must be signed. The Editor reserves the right to alter or amend any copy received. Items for inclusion in the next issue **MUST** reach the Co-ordinating Editor by the 12th of the preceding month, (usually earlier in December). Space in the magazine will be allocated on a first come, first served basis. Photos and pictures are welcome and will be used wherever possible.

Please send copy by e-mail to: editor@pigeonpost.org.uk

Advertising

For advertising rates please contact

Liz Stacey: Tel: 01379 853427 **Email:** elizabethstacey99@hotmail.com
or **Michael Bartlett:** Tel: 01379 852318 **Email:** editor@pigeonpost.org.uk

Distribution

Pigeon Post is delivered free to every home in Starston.

It can also be sent by email in PDF format.

To request a PDF version please contact the Co-ordinating Editor

If you know of any new residents in the village please tell **Norman Steer (854245)**
or **Michael Bartlett (852318)** so that we can welcome them in Pigeon Post.

Village Diary

Saturday 6th August *6.00 pm*

St. Margaret's church fete - The Old Rectory

Thursday 11th August *7.30 pm*

Arcelia Harmony Group - Jubilee Hall - see Page 11

Sunday 21st August *2.00 - 5.00 pm*

Teddy Bears' Picnic - Glebe Meadow - see Page 9

Saturday 27th August *7.30 pm*

Betjeman and Bennett Revisited - St Margaret's church

Monday 5th September *7.30 pm*

Parish Council Meeting - Jubilee Hall

Want to book the Jubilee Hall? *At Any Time*

Ring Joy or Bryan Hanner 853200 or 853509



- Let us know of anything happening in the village for this Diary page



- Smart phone bar codes above: left Village Web, right Facebook Page



- Personal adverts and events are free so long as they are not for personal profit

**Copy Date for September edition:
Friday 12th August**

Pigeon Post and Information about Starston can also be found on-line
www.starstonvillage.co.uk

Or like us on Facebook <http://facebook.com/starstonvillagenorfolk>



CHRIS CLARKE OIL BOILER SERVICES

- Servicing • Commissioning
- Oil Tanks • Breakdown Repairs

01508 536573
07912 146619



M J PROPERTY MAINTENANCE and LANDSCAPING

Patios, driveways, fencing, decorating interior and exterior, all types of tiling, bathrooms, roofing and much more.

Over 10 years experience
Competitive prices and references available.

For friendly advice and free quotations call home on **01379 853486** or mobile **07917 468917** (Justin) or **07522 978710** (Matthew)

Genty's

Barbers

for
Men

7a Bullock Fair Close
Harleston
IP20 9AT

Mon 9am-1pm
2pm-5pm
6pm-8pm

Tues 9am-1pm
2pm-5pm

Wed 9am-1pm
2pm-5pm

Thurs closed

Fri 9am-1pm
2pm-6.30pm

Sat 8am-12.30pm

01379 854047

ALM Taxis..

"Getting you to your destination safely,

on time and very competitively priced"

Airport Transfers

Chauffeur Services

Seaters 4, 5, 6, 8

Long or Short Distance

Contract Work Welcomed



01379 608602

www.almtaxis.co.uk

SINDALLS

ANTIQUE & MODERN
FURNITURE

14 London Road, Harleston

01379 853720 (24 hr phone/fax)

9 am to 5 pm

Tuesdays, Wednesdays and
Saturdays

I pay cash for antiques and good
quality modern furniture and
appliances.

ACORN TREES

Tree Surgery



Crown reductions, precise dismantling, dead wooding, hedge management, felling, gardening work, planting and fencing.

Established over 15 years.

For a professional insured service
contact Adam on:

01379 588122 or **07776 235006**

Orchard Cottage, Mill Lane, Weybread.



Around and About the Village

Thank You 1

A big Thank You to all those who worked so hard to organise the Queen's 90th Birthday celebrations on the Glebe. In spite of the torrential rain, Starston rose to the occasion and came in crowds to enjoy the delicious tea followed by sports, BBQ, music and dancing.

Tish Lombe Taylor

Thank You 2

The Jubilee Hall Committee would like to thank Herbert and Julie for all their work in producing the flower displays in front of the Jubilee Hall.

Bryan Hanner

Brazilian Themed Evening Inn

Pennoyers - Friday 5th August from 6.30 pm. Come to this popular monthly event and celebrate the Olympics with a Brazilian theme. A variety of ales on tap and our cocktail of the month. Along with our home-made cakes, coffee, wines, Pimm's, soft drinks and bar snacks. All welcome. Free entry.

U3A Ukulele Band

Thursday 25th August. 2.30pm at the Swan Hotel. Bring the family to enjoy a wonderful selection of songs provided by the ukulele Orchestra.

Harleston Family Fun Day

Vintage and Classic Cars and Tractors Parade through the town on Bank Holiday Monday 29th August. The parade starts at 10.00 am from the Apollo Rooms and will arrive at the Recreation Ground around 10.45 am.

Vintage Afternoon Tea and Music

Tuesday 23rd August 2.00 pm – 4.00 pm at Pennoyers. Come and enjoy Afternoon Tea and a wonderful musical performance by the Pulham Orchestra. We'll be serving finger sandwiches, cream scones, home-made cakes and pots of tea/coffee, all on our beautiful mismatched vintage china. Booking essential - £13 per head, £16.50 with a glass of fizz.

Billingsford Mill

The mill will be open on Saturday 20th August from 10.00 am to 4.00 pm. Teddy parachute drop on the hour 11.00 am to 3.00 pm. Make a parachute and bring your teddy - 50p a drop. No age limit and a £10 voucher for the teddy that travels the farthest each drop. Vouchers donated by TOFS of Harleston. Entrance to Common free. Please park on Common beyond mill. Mill tours: Adults £3.00, S/C £2.00, children free (no children under 3). Last tour 3.15.

Details: Julie & Herbert 01379 853967

Pennoyers – Looking Ahead

Friday 9th September 7.00 pm:
‘Back to School’ Quiz with Headmaster Malcolm Winyard
Saturday 10th September 10.30 am:
Airship Talk ‘Pulham Air Station 100 Years On’





Rosedale FUNERAL HOME

The Rosedale
Funeral Plan
enables you to
select and pay
for the
arrangements
of your choice
at today's
prices.



A family
business
- we believe
it makes a
difference

BEREAVEMENT
SUPPORT GROUP



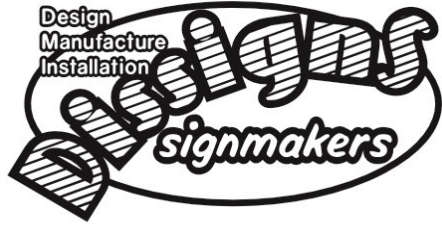
ADVICE ON
FUNERAL GRANTS



Rosedale House
63 Victoria Rd, Diss
**01379
640810**

12a Upper Olland St
Bungay
**01986
892790**

www.dissigns.co.uk



SIGNS, BANNERS &
VEHICLE GRAPHICS

DISS 01379 740606



Polytrade
Direct Ltd

01379 854445

Suppliers of

CALOR Gas



Advertise with

Pigeon Post

Reaching parts other
birds and magazines can
only dream of..!

GINGERBREAD COTTAGE

Haircutters

01379 852483

BEAUTY

at Gingerbread

01379 851212

Why not call into the salon for your free consultation?

6 Church Street, Harleston IP20 9BB · www.gingerbreadcottageharleston.co.uk



Notes From The Editor

I recently had my 70th birthday. For some reason any birthday where the figure ends with a zero is meant to be significant though I've never understood why. On this occasion Dee and I had a very pleasant day driving from a little town called Leitikio on the northern Spanish coast to another little town called Santillana where we had a lovely meal in a restaurant, chatted to several local people in Spanish (you're meant to be impressed by that) before continuing our journey the next day towards Cape Finisterre, the most westerly point of Europe.

I enjoy birthdays, they're a good excuse for a meal and a drink, but I don't dwell on them. Being 70 is no different from being 69 or 71 (apart from the maths of course) and in any case inside my head I am still only around 28, though the feel of my knees first thing in the morning sometimes stretches that analogy. However, the one thing for me about getting older is an increased determination to get on and do the things I've always wanted to do rather than wait for 'the right time'.

As the old saying goes:

"Don't put off till tomorrow what you can do today. If you enjoy it today you can do it again tomorrow."

Of course, there are often practical reasons why you can't just do what you want to do but if the only reason is that you are waiting for the 'right time' then I think you're fooling yourself. The right time, like tomorrow, never comes.

Michael

Betjeman and Bennett Revisited



27th August at 7.30 pm
St Margaret's Church, Starston



An Evening of Poetry,
Prose and Play

Presented by
Meg Davies and Brian Ellis

A very welcome return of this thoroughly
enjoyable evening of literary entertainment

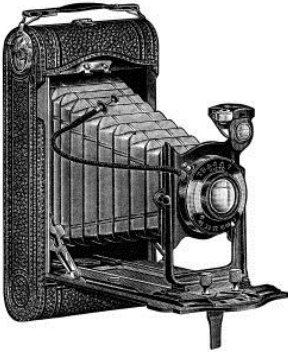
Entrance £10.00 including finger buffet. Drinks extra

Ruth Cawcutt 01379 852087

Harleston and Waveney Festival Ticket Office



Pigeon Post Photo Competition



Whatever kind of camera you have you can still enter the Pigeon Post Photo Competition but don't forget the deadline is Tuesday 31st August. All photos must be received by this date to be eligible for entry.

We're looking for a photo which shows some aspect of life in Starston, inside or out. Submitted photographs must have been taken in Starston any time after 1st June 2016. Only one photograph per person can be entered.

There are two age groups: Under 16 on 1st June and over 16 on 1st June 2016 and there are prizes for the winning entries in each group.

Your entry must be a printed photograph with a maximum size of 10" x 8". All entries will be put up in the exhibition in the Jubilee Hall so bear that in mind when deciding on the print size. By entering the competition you give permission for publication in Pigeon Post and/or on the village web site

The full list of rules, categories and prizes can be found in the June edition of Pigeon Post or on the Pigeon Post page of the village web site. Photographs, together with an Entry Form, should be sent to Michael Bartlett by post (or hand delivered) to: The Red Cottage, The Street, Starston, IP20 9NN. Entry forms can be downloaded from the Pigeon Post page on the village web site or obtained from Michael Bartlett or Sue Moore.



The entries will be judged by Frances Crickmore, a wildlife photographer whose work regularly appears in the EDP.

Get focusing now.

Police and Crime Survey

The new Police and Crime Commissioner for Norfolk, Lorne Green, would like your views on policing and crime in Norfolk. If you would like to complete his 2 minute survey go to <http://www.norfolk-pcc.gov.uk/>.



Starston Teddy Bears' Picnic

We are pleased to announce that the third
Starston Teddy Bears' Picnic
will be held on

Sunday 21st August from 2.00 pm onwards on The Glebe Meadow

This year's headline act is Mad Science with Dr Dee Enay. She promises that during her live shows children can try on light bending glasses, shoot lightning from their fingertips, be turned into human light bulbs and even make slime. Science was never this much fun when we were at school.



All the favourite attractions will also be there – story telling with Uncle Milo, a bouncy obstacle course, craft activities, face painting and giant games. The tea tent will be open all afternoon, with a luscious choice of cakes, and from mid-afternoon onwards Parravanis ice creams will be on sale.

All children and their bears are welcome and they can bring their parents and grandparents too. Admission and most activities are absolutely free, though a charge is made for refreshments. We hope to see you there.

Rachel, Dee P and Dee M

"A teddy bear teaches us that if the heart is true, it doesn't matter much if an ear drops off."

Helen Exley



The 2015 Picnic



Notes From A Starston Garden

Courage mes braves! Faint heart never won fair garden!

I have to keep reminding myself of that mantra, keep urging myself on to acts of valour, because I am, by nature, a timid gardener. I snip and nip and tinker when often what's needed is a much bolder approach. So I am trying to keep in mind, and put into practice, the following precepts.

Move On Up: When I did gardening work one of my clients asked me to move a rose bush, a white floribunda. It was July. The plant was in full flower. I cautioned against the move. "Better to wait until the autumn". My client was adamant. So I cut the top growth hard back and replanted. Blow me if it didn't put on new growth in next to no time and even a few flowers that autumn.

I am belatedly learning from that example. Last spring I moved a clump of *Crocsmia* corms just as they were starting to show signs of new shoots. They'd never done well in the front garden, so I thought I'd try them in a bed at the back. As I write they are just coming into flower – great fiery spires of *Lucifer*.

Hit The Road, Jack: I have always hated digging plants up and getting rid of them but I am coming to accept that sometimes they just have to go. Last year I removed a *Geranium macrorrhizum* from the front garden. It was the sort of plant that gives ground cover a bad name. This year it's the golden oregano that's under notice to quit. I gave it a chance; I cut it back in the spring but it's just bounced back with renewed vigour. So once it's finished flowering (the bees love it) it's for the compost heap to be replaced with something a little more circumspect.

The First Cut Is The Deepest: When I told the gentleman at Peter Beales about the rose in my front garden and described the old woody stems his response was, "Take it down to about 20 cm above ground level. It'll be fine" So I did. And it is. Mind you, it took some nerve. I had to steel myself to take hard steel to that plant. Now it's a mass of blooms on fine young stems. The only snag is that the nice man at Peter Beales also identified it for me. It's *Compassion*, a climber, and I haven't yet worked out a tidy way of giving it something to climb up or over, so it's tumbling forward a bit. But as long as it's happy, I'm happy.

Taking courage from my experience with *Compassion* I am now full bloodedly renovating an old lilac, an enterprise I started last winter somewhat tentatively. Next on the list, come the autumn, is a dogwood, *Midwinter Fire*, which has got far too big for its roots. The books said that, unlike most dogwoods, this variety does not respond well to very hard pruning, so I didn't hard prune. But then the books say that you shouldn't move rose bushes in July.

Dee The Gardener



Arcelia In Starston

On Thursday 11th August the professional music group Arcelia will be giving a performance in Starston Jubilee Hall.

Arcelia comprises the three very different voices of Gavin Alexander, Teresa Gallagher and Simon Foster, with Martin Elliott and Perry White on acoustic bass and keyboard.

Describing themselves as ‘honest artists singing our lives’, Arcelia has built up a loyal following of music fans in their native Kent and in London where they perform regularly with Chris Difford of Squeeze on his solo dates. Simon Foster is also a member of the acapella outfit The Flying Pickets, which delights huge audiences in the UK and on the Continent.



Tickets cost £10 and will be on a first come first served basis as there is only room for 35 people. Tickets are available from Michael Bartlett (Phone: **852318** or email: editor@crimsoncats.co.uk) and must be booked in advance. The doors will open at 7.00 and the performance will begin at 7.30. There will be two sessions of around 45/50 minutes each with a short interval. Drinks will be on sale before the performance and during the interval.

You can read more about Arcelia and hear an extract from their music on their web site: <http://www.arcelia.co.uk/>

Book now if you want to come - tickets are going fast.

Pink Ladies Coming Through Starston



The 2016 Pink Ladies Tractor run - pictures courtesy of Anna Saul
The total amount raised for breast cancer this year will be known in the autumn



Parish Council News

Highways and Footpaths: The NCC Rangers have not yet visited Starston due to staffing shortages, so works requested some months ago still have not been addressed. The Council is following up on these but residents can also send their own reminders to NCC via a website app called, 'Fix my Street': www.fixmystreet.com/reports/Norfolk. The PC is also following up on footpaths, especially those which have become particularly difficult to negotiate of late.

Speeding: District Councillor Clayton Hudson is talking to Lorne Greene, the newly elected Police and Crime Commissioner for Norfolk, about obtaining use of a speed radar gun by our local Community Police Team. This initiative would be in addition to the excellent work undertaken by our local volunteers in the Starston Community Speed-Watch Team.

Telephone Lines and Internet Connection: Discussion was held on the condition of the BT OpenReach telephone lines around the village. Many will be aware of the recent challenges on Cross Road, and problems were also raised in relation to Hardwick Road, Skinners Lane, Starston Lane and The Street. The Council would like to obtain a clearer picture of the whole of Starston's infrastructure so that it can present a comprehensive report to BT via Cllr Hudson. We would like residents to report any recent difficulties that they have experienced by email to myself by **22nd August**, with some detail as to what, when, your address and home telephone number. This data will be provided to BT OpenReach.

Ward Boundaries: The Local Government Boundary Commission is carrying out a consultation on ward boundaries from 28th June to 5th September. Currently, Starston is part of Beck Vale, along with the Pulhams, represented at a District Council level by Cllr Hudson. The ward covers 1,880 residents. The Parish Council's view is that residents' interests would be best represented by remaining with rural parishes, eg the Pulhams and Rushall, rather than becoming part of a ward with our local market town of Harleston & Redenhall. If you have views on this matter, further details can be found at <https://consultation.lgbce.org.uk/> where you can also put forward your proposal. The new arrangements will come into effect at the District Council elections in 2019.

Greater Norwich Local Plan (GNLP): Residents were advised of the start of this 'Call For Sites' process in May 2016 via the notices section of the village website, including how to submit sites. It is anticipated that more greenfield sites are likely to be submitted than will be needed. Many sites will be inappropriate due to constraints and/or remoteness from services, and other sites will not be needed. It is expected that the assessment of sites will be complete by summer 2017 to identify both favoured and "reasonable alternative" sites. Further details can be found at www.greaternorwichlocalplan.org.uk.

*Sonja Burnett
Parish Clerk*



Don't Be Fooled By Scammers

“I never thought it could happen to me,” said John. “I’m moderately well-educated and whenever I used to read about someone falling for a telephone or internet scam I’d say, ‘How can they be so stupid?!’ And then I fell for one.”

John, from Norwich, used what he thought was a government website to apply for a driving licence. He filled in his debit card details when it asked for a payment. Unwittingly, he’d agreed to have £294 a year taken from his bank account for ‘administrative support’.

After he realized what he’d done, he told Citizens Advice Norfolk. He was able to get his bank to block any payments to the company responsible for the website. But for many, the story doesn’t end so happily.

Another common internet scam is the “free trial” offer - which can turn into a trap. Dawn, who lives near Attleborough, responded to a pop-up advert for ‘free’ slimming pills. Marta from Fakenham ordered some tooth whitener from an on-line advertisement. The ads said customers only had to pay for the postage, but both women found they’d unintentionally signed up to a CPA, or continuous payment authority. Sadly, Citizens Advice has found banks aren’t always helpful and refuse to cancel CPAs in 36% of such cases. Marta lost £199.

Our fears over the reliability of our appliances and electronic goods are also being exploited by fraudsters. According to Norfolk Trading Standards cold callers in the county have been claiming to offer insurance policies on white goods, citing “recent safety notices” about fire-prone tumble driers.

Steve Cheshire, chief executive of Citizens Advice Norfolk, says “the cost of these scams is huge. And some of the most distressing scams involve the exploitation of the unemployed and the young. They may offer job training programmes or even jobs that don’t exist. They all ask for money, and it’s reckoned the average victim loses £4,000 that way.”

Citizens Advice Norfolk is recommending the following tips to avoid being caught:

- * If it sounds too good to be true it probably is.
- * If you are contacted out of the blue – be suspicious.
- * Walk away from job ads that ask for money in advance.
- * Your bank will never phone you to ask for your PIN or your banking password.
- * If you suspect a phone scam, hang up and use another phone to call your bank.

Finally, if you think you have been scammed contact the Citizens Advice Consumer Service – 0345 404 0506 or Action Fraud 0300 123 2040



Aviva Women's Tour Cycle Race ...

They came - they went.

It was almost a case of blink and you missed it. A phalanx of fast-peddalling women cyclists came flying down the Harleston Road, across Starston Bridge and vanished towards the Pulhams.



For those of us gathered by the bridge or along The Street it was a wonderful sight but almost as impressive was the large number of support vehicles and police motor cyclists that accompanied the race.





... Wednesday 15th June

Never have so many police been seen in Starston but, although you could blink several times and still see them, they too were soon gone and only the beautifully decorated bicycle remained by the church wall to mark the event.



A lovely few moments captured in a variety of photographs. Thanks to Tanya Colman and Steve Thompson for the ones used here.





Plodding In July

13 people plus 2 dogs headed off on a 5 mile walk in the village on Sunday 10th July. In addition to enjoying the varied local countryside and big Norfolk skies, we learnt to play “hens and cocks”, make hogweed whistles (see picture opposite), had close encounters with a baby frog and fallow deer plus discovered an ants’ nest complete with a worm and ants’ eggs. We ended back on the Glebe Meadow for a picnic – what fun!

The next Plod is on Sunday 25th September – details will be on the village website nearer the time.

Ann Leitch



Thank You, Vera



We would like to thank Vera, Sue and all at Ashfields the Florists for all the lovely flowers they have provided for us over the years. We will miss you, but wish you a very happy retirement.





Starston Community Speed-Watch

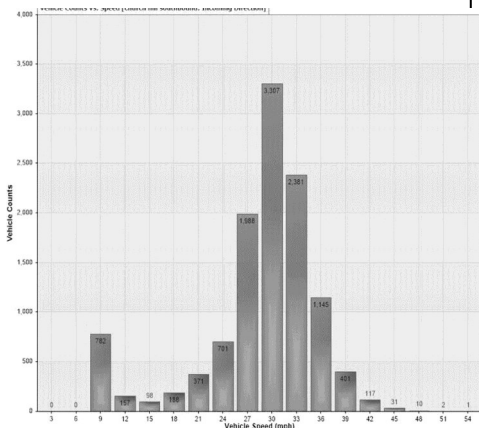
A little bit of good news (we hope) to report this month.

During a 4 week period from 19th May until 17th June the Community Speed-Watch team ran regular checks on Church Hill for traffic coming into the village from the Hardwick direction. The figures obtained from SAM2 showed a distinct improvement in driver behaviour.

During that period we monitored 11,680 vehicles of which just under 10,000 were doing 33mph or less. That is definitely the best figures we have had on this stretch of road for a long time.

It is good news, but only time will tell if this improvement is a permanent one or just a lucky chance.

Fred Coates



LOCAL AND FAMILY HISTORY
RESEARCH SERVICES

Rosemary Steer

Archivist - Historian - Genealogist

Want to know more about your family tree
or the history of your house?

Norfolk, Suffolk and online research
Other areas by arrangement

Tel: 01379 854245
Mobile: 07941 473256

Email: localfamilyhistoryresearch@hotmail.co.uk

for Pulham St Mary Church

**Charity
Walk &
picnic
lunch**

Saturday 6th August
at Bidford House, Pulham St Mary, IP21 4RD

Tickets including picnic lunch
£7.50 adults, children free (under 15)

A 2-hour (approx 4 mile) walk or
alternative 1 hour walk
along tracks, roads & through fields
Start any time from
10am onwards, Lunch 12-2.30

Guided tours of the Church available

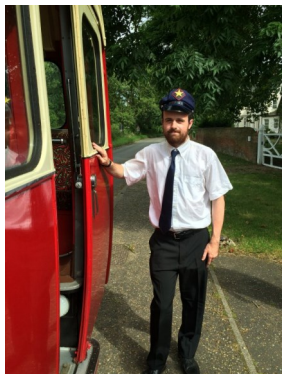
Tickets and details:
Jo Webster 01379 608 854 Ruth Wharton 01379 676 296



Departures

On Saturday 9th July some of us had the pleasure of seeing the play *Departures*, the latest offering from Eileen Ryan and the *Made2Measure Theatre Company*. The play is set on a summer afternoon in the early 1970s when Milly and Felix, neither of them spring chickens, are getting ready for their wedding.

The first act of the play takes place in the United Reform Chapel in Harleston but then it is essential for Felix, who is the Sexton at Starston Church, to get back to the village. So the cast, together with the audience, climb into a wonderful old bus and drive to Starston Jubilee Hall having our tickets clipped by Dave the bus conductor on the way.



At the hall Joan, Felix's daughter, is sorting clothes for a jumble sale. There Joan and Milly finally sort out the tension between them and when Felix has finished digging an oversized grave, we all pile back into the bus to go back to the Chapel for a wedding rehearsal. Further complications are added by Ruby, Felix's sister, a GI bride who has come back for the wedding, the Minister, whose wife is about to give birth and Mrs. Mitchell, a much put-upon midwife. Back in the chapel the audience is transformed into the choir, led by Mrs. Lambe, and with many interruptions manage to sing their way through *Chapel Of Love* (after a fashion).

A very imaginative and very funny play which we would have enjoyed anyway even without the wonderful bonus of the ride in an old bus.

Congratulations to Eileen and all her team.

Missed it? Want to see it?

The play is going to be repeated (without the bus, sadly) for the Harleston and Waveney Festival on Saturday 27th August at 7.30 pm at the United Reformed Church. Tickets will be sold through Festival box office.

Editor's Note:

No buses were harmed in the performance of this play.



Age UK Norfolk - Can You Help?

Small amounts of your time could make a huge difference to an older person living in Norfolk.

Do you love listening and talking? Can you help give a vulnerable person a voice or fill in forms? Would you like to help us raise funds, give talks or help with events and marketing? If so, Age UK Norfolk would welcome you to join its volunteering team.

No experience is necessary, and whatever your talents and interests, there is bound to be a voluntary opportunity where you can share your knowledge, make new friends and have fun! There is also the chance to learn new skills, build your confidence and gain important experience.



There are many areas within the organisation where you could volunteer. Telephone befriending can be done from home; our money matters scheme (which assists people in keeping on top of their household finances) and Information and Advice services which can involve helping people to fill out forms, would involve travel but we do try and allocate cases to our volunteers in their preferred areas. Timewise some people may donate a few hours of their time or it could be a 20 minute phone call a week.

All volunteers are offered full training and will get ongoing support and advice from the volunteer management team.

To find out more call 01603 785 234 or visit www.ageuknorfolk.org.uk

Harleston U3A

The usual general meetings of Harleston U3A take place on the third Wednesday of the month at 2.00 pm at the Swan Hotel. However, to support the Waveney Festival, our August meeting will take place on Wednesday 24th August at 2.00 pm in the Masonic Rooms, 3 Redenhall Road. Our largest interest group, the Waveney Valley Study Group, will be presenting a topic which they have recently been researching entitled “*Some World War Two Airfields in the Waveney Valley*”. There will be an opportunity to look at display boards covering the airfields, an examination of the buildings that made up an airfield “Town” and a close look at five of the US airfields around Harleston and also pillboxes in the area.

If you are no longer in full time employment and would like to find out more about our interest groups, events and outings, contact Kim on 01986 788149 or log on to our website: www.u3asites.org.uk/harleston.



Station 146 - Seething Tower

Seething Control Tower Museum is a restored World War II air traffic control tower, located at Seething Airfield, about 14 miles north-east of Starston. In November 1943 a group of American servicemen arrived at a building site in the middle of the remote Norfolk countryside. This was to be Seething Airfield and home to the 448th Bomb Group of the United States Air Force.



The main building of the museum is the unmistakable wartime control tower which houses exhibits, photographs and associated memorabilia, all connected with the airfield and the 448th Bomb Group. Up the narrow staircase, once trodden by hundreds of American service personnel, are collections of photographs, of the aircraft which flew from Station 146, of the men and women themselves and of the buildings in which they worked. There are personal stories and diaries of the airmen providing an insight into the part Seething airfield played during WW2. Tucked away behind the control tower a former war time Nissen Hut provides space for more exhibits and is a reminder of the type of building which once provided offices and accommodation at the airfield.

The first mission by the 448th was flown on December 22nd 1943. The targets were a manufacturing centre and an important railway junction between Bremen and the Ruhr. On March 6th 1944 the 448th took part in the first large scale attack on Berlin.



From December 1943 through to April 1945, members of the 448th flew a total of 262 missions. Almost 70% of these missions were flown over targets in Germany, about 30% were flown over targets in France, and about 2% were flown over targets in Belgium and Holland. The targets included manufacturing centres, railways, enemy airfields, aircraft manufacturing plants, missile launching sites, enemy coastal gun and military installations, buzz-bomb assembly plants and tank manufacturing plants.

While the accomplishments of the 448th were great, the supreme sacrifices made by the members of the 448th were also great. A total of 85 men were killed in action. Another 119 men were either injured or died of wounds. A further 875 men were listed as missing in action. A total of 146 aircraft were lost, with 98 aircraft missing in action, 17 abandoned on the continent and 31 lost by salvage.

Seething Tower is open on the first Sunday of every month from May to October. Admission is free but donations are appreciated.



A Taste of the Caribbean

In 2012 restaurateur Denis Rosembert fulfilled a dream when he opened his café and brasserie Chez Denis in Orford Yard, off Red Lion Street, Norwich, bringing Creole French Caribbean and Cajun dishes to the city centre. In 1998 he had been forced to close his restaurant, Café Des Amis, because his lease had expired but 14 years later he took the opportunity to return.

Denis Rosembert was born on the island of St. Lucia. He started training to be a chef there in 1973 before moving to England in 1975. Denis has worked in various hotels and restaurants in Britain and America from Commis to Sous to Head Chef, before moving to Norwich in 1989, where after working for the Sports Village, he opened his own restaurant.



The menu at Chez Denis includes such dishes as Caribbean pepper pot soup, sautéed crayfish tails and soft-shelled snow crab, alongside plantain cakes, jumbo prawns and rum-marinated chicken liver. Creole and Cajun spices add vibrancy to Chez Denis' delicious meat dishes. There is also a large seafood choice including dolphin fish, Caribbean red fish and Cajun langoustine jambalaya. Spicy ragout and stuffed aubergine wheels are among tempting vegetarian creations. But there are also what one reviewer described as “normal dishes” such as a wide range of sandwiches, jacket potatoes and a full English breakfast so it sounds like something for everyone.



Chez Denis is open for lunch every day (Monday to Saturday) from 10.00 am to 2.30 pm and for evening meals from Wednesday to Saturday from 6.30 pm to 11.00 pm.

Mr Rosembert also sells ‘made in Norfolk’ sauces based on recipes he was taught by his grandmother from the age of six years old, including Creole barbecue sauce and Creole hot pepper sauce.

Chez Denis is at 2/3 Orford Yard, Red Lion Street, Norwich, NR1 3TB.
Tel: 01603 398154. Or visit the website: www.chezdenis.co.uk



County Council News - Devolution

The government is offering Norfolk and Suffolk a combined authority devolution deal – this means that decisions affecting people in this area could be made here, instead of Whitehall. NCC, along with all of Suffolk's councils and three of the district councils in Norfolk, have endorsed the deal so that it can go out to public consultation.

So, what is in the devolution deal on offer? More money for Norfolk and Suffolk, an extra £25m per year for the next 30 years (£750m in total), an extra £100m over the next five years to help us build affordable homes, plus an additional £30m over the same period specifically for Norwich and Ipswich. We will also have more say over the money that is already spent here, such as £20m a year funding for Adult Skills to give local people the training and skills needed to match the needs of local businesses, £2m to help employers to access an Apprenticeship Grant to create more apprenticeships and £225m over the next four years to maintain and improve our roads. As you can see there are some very large amounts of money on offer.

As part of the deal a Mayor would be elected to run the combined authority along with representatives from every Council that is signed up to the deal, plus a representative from the Local Enterprise Partnership (LEP). A public consultation is now available for all residents in Norfolk and Suffolk to have their say. NCC is sending a leaflet to every household in Norfolk explaining the deal on offer and how to respond. The public consultation runs for seven weeks, finishing on 19th August. To take part please visit www.eastangliadevo.co.uk or pick up a paper copy at your local library or email eastangliadevolution@norfolk.gov.uk or telephone 0345 6031842. Following the consultation the Secretary of State will decide if devolution should go ahead. This decision will then come back to the County Councils for their approval or non-approval in October. If it goes ahead the election of a mayor will take place at the same time as the County Council elections next May.

Martin Wilby
01379 741504 or martin.wilby@norfolk.gov.uk

Household Hazardous Waste Amnesty

NCC is to hold its annual Household Hazardous Waste Amnesty events in September where residents can dispose of such items as wood preservatives, insect and weed killers, paint, thinners, varnishes and special cleaning products.

The dates and venues are available on www.norfolk.gov.uk/recyclingcentres or telephone 01603 638060.



E&D Boiler Maintenance Ltd



Upper Church Farm, Finningham Road, Rickinghall, Suffolk, IP22 1LP

SPECIALISTS IN

Oil, Gas & LPG

Boiler Maintenance, Breakdowns, Repairs and Installations.

All makes covered including:

Worcester Bosch, Boulter Camray, HRM Wallstar, Vaillant, Baxi.

Boiler insurance, annual maintenance reminders and controls work.

edboilers@btinternet.com

www.boilerrepairsuffolk.co.uk

Tel: 01379 898574

Mob: 07771 880525



D.A. Browne & Son

High Class Family Butcher

Supporting local produce
and local businesses

35 The Thoroughfare, Harleston

01379 852235

Also in Diss 01379 642105

www.dabrowne-butchers.co.uk

Robinson's

TRADITIONAL STATIONERS

Your local stationers and copyshop

New in store

Epson D7 Studio

High quality instant photo
prints from 6x4" to 8x39" direct
from various media - including
iPhone and Facebook!

Come and see what this machine can do!

We are open Monday - Saturday 9am-5pm

28a The Thoroughfare · Harleston · IP20 9AU
01379 855027 mail@robinsonstraditionalstationers.co.uk



Polytrade

Direct Ltd

Tel: 01379 854445

Email: polytradedirect@aol.com

www.polytradedirect.co.uk

**Suppliers of High Quality Plastic Building
Materials:**

FloPlast

GUTTERING, FASCIAS AND
UNDERGROUND

Double Glazed Units and Glass Cut to Size

PVCu WINDOWS AND DOORS

Mastics, Adhesives, Screws, Glass Cleaner

POLYCARBONATE AND PERSPEX



Local Films in August

Pennovers Film (Pulham St Mary)

Title: Trumbo (15)

Date: Friday 19th August **Time:** 8.00 pm (Bar opens at 7.15)

Cost: £5.00 in advance, £5.50 on the door.

In 1947, Dalton Trumbo was Hollywood's top screenwriter, until he and other artists were jailed and blacklisted for their political beliefs.

Booking advisable - phone 01379 676660. Ices available.

Harleston Film (Masonic Rooms, Thoroughfare, Harleston)

There will be no film in Harleston in August

Alburgh Film (Alburgh Village Hall)

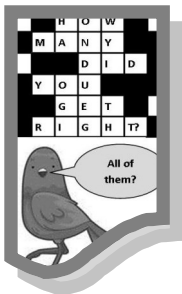
There will be no film in Alburgh in August

Bell Ringer(s) Wanted

Starston Tower Ringers urgently need trainee or experienced tower bell ringer(s). We are due to lose one of our team for a time due to surgery. Initial training usually takes 4 to 5 weeks. Come and see what it's all about any Wednesday at St Margaret's tower between 7.00 pm and 8.00 pm. No obligation.

For further information call 01379 853967.

Answers to the July Crossword



ACROSS

1. Top pair
5. Act up
8. Carrier pigeon
9. Tripe
10. Trieste
11. Remade
12. Scarce
15. Senator
17. Ratio
19. Shallot onions
20. Shyly
21. Hardest

DOWN

1. Tacit
2. Parliamentary
3. Aniseed
4. Rarity
5. Alibi
6. Treasure trove
7. Pink eye
11. Resists
13. Coroner
14. Crutch
16. Tally
18. Onset



August Crossword by Zennor

1		2			3	4		5		6		7
				8								
9								10				
11						12						
												13
14		15		16						17		
	18									19		
20												
21						22						
23									24			

CLUES ACROSS

1. Vegetable fibre or Dark Ages immigrant into Britain (4)
3. What a racing driver does if someone is tight on his tail (6,2)
9. Bridge term (2-5)
10. Thoughts or inspirations (5)
11. High army rank (5,7)
14. Where meat goes if not kept in fridge (3)
16. A duck to keep you warm (5)
17. A blockage that can be busted (3)
18. Magazine editor (4,8)
21. Change (5)
22. Done within the law (7)
23. Counteracts a poison (8)
24. Let it stand (4)

CLUES DOWN

1. Can be tasty, but not good for you (4,4)
2. A tenth tax (5)
4. You don't want to be sold a baby dog (3)
5. Escape route, maybe from a job (4,8)
6. Might bring you a drink on a boat or control you at an event (7)
7. Letters that could also hold up a fence (4)
8. Confused (6,6)
12. Spanish village (5)
13. Violet quartz (8)
15. Lightest or most just (7)
19. Brilliant display or effect (5)
20. Information (4)
22. Collection of auction items (3)



Benefice Services in August

	7th Trinity 11	14th Trinity 12	21st Trinity 13	28th Trinity 14	
Dickleburgh	9.30am PC	10.00am Benefice Communion	9.30am BCP	9.30am PC	
Pulham Market	9.30am HC 6.30pm Celebration	10.45am Memorial Hall	9.30am HC	9.30am SW	
Pulham St Mary	8.00am BCP	with Dickleburgh	9.30am HC	9.30am Morning Prayer	
Rushall	11.00am BCP Matins	with Dickleburgh	11.00am SW	11.00am SW	
Starston	11.00am BCP Communion	with Dickleburgh	11.00am BCP Communion	11.00am Great and Small	
Thelveton	11.00am HC	with Dickleburgh	With Dickleburgh	11.00am SW	

Key To Services

HC: Holy Communion **PC:** Parish Communion

BCP: Book of Common Prayer **SW:** Sunday Worship

CC: Café Church



Starston PCC Secretary: Ruth Cawcutt.

Tel: 01379 852087 Email: rcawcutt1@btinternet.com

Web Site for Information on all Services: <http://www.thebenefice.org.uk/>



Starston Parish Council

Ann Leitch	Chairman	01379 423387	a_leitch@live.co.uk
John Akast	Highways	01379 852877	jakast@toucansurf.com
Bobbie Formston	Tree Warden	01379 853042	jformston07@talktalk.net
John Formston	Footpaths	01379 853042	jformston07@talktalk.net
Tom Banks		07765 561310	tjhbanks@hotmail.com
Sam Carter		Not available	sam@samuelcarter.com
Helen Gale		Not available	helengale00@hotmail.com
Sonja Burnett	Clerk to the Council	01379 309347	
To contact Starston Parish Council: starstonparishcouncil@yahoo.co.uk			
Starston Village Web Site: www.starstonvillage.co.uk			

Local Councillors

Martin Wilby	County	01379 741504	martin.wilby@norfolk.gov.uk
Clayton Hudson	District	01379 676259	chudson@s-norfolk.gov.uk

Community Services

Local Buses - from Starston to Harleston and Starston to Long Stratton and Norwich	For information Ring: 0871 200 22 33
Border Hoppa - dial-a-ride service	For information Ring: 01379 854800
Police - (non-emergency)	Ring: 101
Safer Neighbourhood Team	Email: sntharleston@norfolk.pnn.police.uk
NHS Emergency & Urgent Care Services (Including Emergency out of hours chemist)	Ring: 111 when it's less urgent than 999
Refuse Collection and Queries	Ring: 01508 533830
Harleston Information Plus	Ring: 01379 851917 hip@harleston-norfolk.org.uk



Glover Bros.

A FAMILY RUN M.O.T.
& REPAIR GARAGE

- M.O.T's & Servicing
- 24 Hour Flat Bed Recovery
- Car Valeting
- Collection of Vehicles
- Body Work and Repairs
- Free Estimates

T: 01379 676284 (weekdays)

T: 01379 676730 (evening & weekends)

A: The Workshops, Rectory Rd,
Tivetshall St Mary



Kitchen-Sense Of Harleston



For Quality Fitted Kitchens and Appliances

Kitchen Sense - Common Sense

62 London Road, Harleston, IP20 9DZ

Tel: 01379 852592

Fax: 01379 854411

staff@kitchen-sense.co.uk

www.kitchen-sense.co.uk



**FARMERS
KITCHEN**
Farm Shop & Eatery

HEARTY
BREAKFASTS

DELICIOUS LUNCHES

HOMEMADE CAKES

FRESHLY GROUND
COFFEE & LOOSE
LEAF TEA

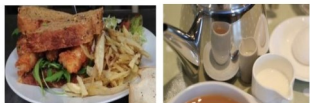
FARM SHOP WITH
LOCALLY SOURCED
PRODUCE

AFTERNOON TEAS

FARM SHOP AND EATERY

Open Tuesday to Saturday 8.30 to 4.30
(hot food to 2.30)

Sunday Brunch 10 to 12.30



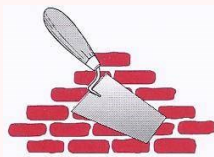
FARMERS KITCHEN

The Dove
Station Road, Alburgh,
Harleston, IP20 0EP

www.farmers-kitchen.co.uk

Tel: 01986 788315
hello@farmers-kitchen.co.uk

Denny Holloway Bricklayer



Brick Work, General Building,
Hard Landscaping etc

01379 853471 or 07939 144446