

PIGFEON POST



STARSTON

www.starstonvillage.co.uk

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September 2016 Issue 296



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Whilst the editorial team do not necessarily agree with the opinions expressed by contributors, they believe that the magazine is available for local people to air their views. Letters to the Editor must be signed. The Editor reserves the right to alter or amend any copy received. Items for inclusion in the next issue **MUST** reach the Co-ordinating Editor by the 12th of the preceding month, (usually earlier in December). Space in the magazine will be allocated on a first come, first served basis. Photos and pictures are welcome and will be used wherever possible.
 Please send copy by e-mail to: editor@pigeonpost.org.uk

Advertising

For advertising rates please contact

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Distribution

Pigeon Post is delivered free to every home in Starston.

It can also be sent by email in PDF format.

To request a PDF version please contact the Co-ordinating Editor

If you know of any new residents in the village please tell **Norman Steer (854245)**
 or **Michael Bartlett (852318)** so that we can welcome them in Pigeon Post.

Village Diary

Saturday 27th August

7.30 pm

Betjeman and Bennett Revisited - St Margaret's church

Monday 5th September

7.30 pm

Parish Council Meeting - Jubilee Hall

Monday 26th September

7.30 pm

Jubilee Hall AGM - Jubilee Hall

Saturday 1st October

t.b.a.

Village Photo Judging + Macmillan Cancer - see Page 12

Monday 21st November

7.30 pm

Parish Council Meeting - Jubilee Hall

Want to book the Jubilee Hall?

At Any Time

Ring Joy or Bryan Hanner 853200 or 853509



- Let us know of anything happening in the village for this Diary page



- Smart phone bar codes above: left Village Web, right Facebook Page



- Personal adverts and events are free so long as they are not for personal profit

**Copy Date for October edition:
Saturday 10th September**

NOTE: 2 days earlier than usual

Pigeon Post and Information about Starston can also be found on-line
www.starstonvillage.co.uk

Or like us on Facebook <http://facebook.com/starstonvillagenorfolk>



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Around and About the Village

Pennoyers

Fri. 9th Sept. 7.00 pm: 'Back to School' Quiz with Headmaster Malcolm Winyard. Popular quiz night with fish and chips. £8.50 (£4.00 without food). Teams of up to 6. Booking essential.

Sat. 10th Sept. 10.30 am: 'Pulham Air Station 100 Years On'. This illustrated talk, as part of the Heritage Open Days 2016, will look at the Air Station, the people who worked there and the airships they flew, using the Centre's collection of original photos from WWI, maps and contemporary views. Book online with Eventbrite or in the Centre. Tel 01379 676660

Fri. 23rd Sept. Auction of Promises raising funds jointly for Prostate Cancer UK and Pennoyers proposed Pulham Air Station Museum Project. With some exciting 'money can't buy' lots to bid for, this is set to be a fabulous event. Call 01379 676660 to add to the catalogue. Fully licensed bar. Free entry.

Feast For The Eye

Harleston & Waveney Art Trail's third exhibition this year will be held during the Aldeburgh Food and Drink Festival week at Peter Pears Gallery just off the High Street in Aldeburgh. Dates: Thurs 22nd Sept to Wed 28th, 10.00 am - 4.00 pm. There will be a special event 'Meet The Artists' on Sun 25th from 12 noon, all welcome.

South Norfolk Youth Symphonic Band

A musical evening with the band will be held at St Andrew's Church Weybread on 15th Oct, 7.00 pm for 7.30 pm. Tickets £10 (includes glass of wine or soft drink). Contact Jim, 01379 586888 or email james.hutchinson840@btinternet.com

RAFA Fundraising

Royal Air Forces Association will be collecting from 5th to 9th Sept in Budgens

car park for their annual Wings Collection. RAFA helps serving and ex-service personnel and their dependents. If you know of any who need help please contact us on 01379 853967.

Folk Night in Dickleburgh,

Sat 22nd Oct. with 'Tap the Barrel', Village Centre, Harvey Lane, 7.30 for 8pm. Tickets £10, inc. ploughman's supper, from Jan Logan, 01379 741535. Proceeds to Royal British Legion and The Oxlip Group (formerly RBL Women's Section)

Royal British Legion

Thurs 13th Oct. Coach trip to Battle of Britain Memorial Flight and Lincolnshire Aviation Heritage Centre, leaving Dickleburgh at 7.15 am. Tickets £35 including entrance charges. Bookings: Rosemary Steer, 01379 854245

Reminder

Press Date for the October edition is 2 days earlier than usual on
Saturday 10th September.

Items received after this date will not be included.



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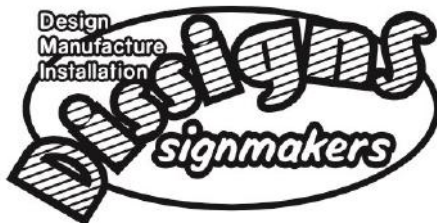
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Notes From The Editor

The briefest of Notes this month, in a very crowded Pigeon Post – for which, many thanks to all contributors. This is by way of a ‘Goodbye’ note, as this will be my last Pigeon edit (give or take emergencies, for which I remain available). My business is demanding more and more time, and I want to give it my full attention. Who knows – I might even get round to building my own website properly! I am staying on as Fixer of Technical Emergencies – or just Fixer - for the village website. It has been a pleasure working with the rest of the Pigeon Post team. I can recommend it.

Christina

Dementia Touches Us All

Unfortunately Dementia is a condition that is increasingly common. It can have a profound impact on the individual and on their family and friends.

We are working together with the Alzheimer’s Society and Norfolk and Suffolk Dementia Alliance to make Harleston and District a Dementia Friendly Community. We need to look, to see how we can enable people diagnosed with Dementia to live a life as full as possible, and to encourage the community to work together to this end.

It is clear that a sustainable response to meeting the needs of people living with Dementia is needed, by raising awareness throughout the community to individuals, groups and businesses. We need help to make Harleston and its surrounding villages a place where people with

Dementia are understood, respected and supported so they may continue to contribute to community life.

Our launch, which is open to all residents and businesses, will be held at The Sancroft Centre, Archbishop Sancroft High School, Harleston on Monday 10th October at 6.30pm.

The October edition of Pigeon Post will contain our invitation for all Harleston and district residents to attend our ‘Launch’. Please do come along and support us. All local businesses will also be invited to take part as well, enabling them to make a real difference to those with Dementia.

For further information please contact Pat Simmonds on 01379 853749 or email [*patricia.simmonds@hanover.org.uk*](mailto:patricia.simmonds@hanover.org.uk)

Starston Concert

Saturday 19th November 7.30 pm.

Concert in St Margaret's Church, Starston by the Poringland Singers.

Further details to follow.



Notes From A Starston Garden

This summer the roads round Hartlepool are ribbons of colour. The town itself is nothing to write home about but the verges and central reservations of the approach roads are vibrant with blue cornflowers and red, white and pink poppies.

I think I recognise the annuals' mix as one that I grew a few years ago in my front garden, to give a bit of colour while the perennials established themselves. It was a very successful experiment and several people commented on it.

The company which offers this seed mix is called Pictorial Meadows – they're the people who created the stunning beds of colour in the Olympic Park in London four years ago. They now have a wide range of seed mixes to suit most soil types and



most locations, both public and private. Some of the mixes are combinations of annuals, others develop into perennial meadows. Most of the species are native to the British Isles

The key thing about the Pictorial Meadows mixes is that they don't contain any grasses, which can become too invasive at the expense of the flowers. That was one of the things which attracted me when I was looking to plant my own "meadow". I chose the *Patchwork Quilt* perennial mix which includes meadow buttercup, viper's bugloss and field scabious.

I followed the company's growing instructions, clearing the site of perennial weeds, spreading a layer of compost on the soil surface and sowing the seed last autumn. I haven't watered at all. You can judge the results for yourself in this photo. (Around the edge were some self-sown foxgloves which I left when I sowed the pictorial meadow.)

Personally I feel that the impact is slightly skewed because some of the species germinated better than others, but I can fill the gaps by buying or growing plugs of the missing ones. Overall it certainly has been a good way of covering an area of poor infertile soil.

Dee The Gardener



The Right to Hold an Opinion

In this digital age of computers and Smart phones, where Twitter, Facebook, blogs and so forth have become part of our everyday lives, the temptation to use them to vilify, slander or undermine people, or to be cruel, rude or call people names, becomes easy - without thought for the hurt that can be caused. These comments may be from people perceived to be of good reputation, intelligent, nice people, which comes as a surprise. Nothing is gained but hurt and, sometimes, tragedy.

I have worked in prisons and found that many who have fallen foul of the law had not considered that actions create 're-actions' which they cannot control and they were surprised at how their actions were perceived by others. Words are easy to utter or to write but once initiated cannot be undone.

Everyone has a right to freedom of expression, as stated in the Human Rights Act (Article 10), with the right to express views aloud (for example through public protest and demonstrations) or through published articles, books or leaflets; television or radio broadcasting; works of art; and the internet and social media. The Act goes on to say that the '...exercise of these freedoms... carries with it duties and responsibilities...' and so may be subject to restrictions or penalties prescribed by law, including for the 'protection of the reputation or rights of others'.

In my current work, I come across many vulnerable people of all ages who have been subject to such victimisation and hurt and even those who do not access Facebook and other social media answer the telephone to cold callers whose bullying and abuse, or criminal activity, create anxiety and fear. This cannot be right. I recommend the following from Ephesians Chapter 4, verses 25 -32: as a way to live a good, happy and productive life

Therefore put away lying, each one speak the truth with his neighbour, for we are members of one another. Be angry but do not sin and do not let the sun go down on your wrath, nor give way to evil. Let him who stole, steal no longer, but rather let him labour, working with his hands what is good, that he may have something to give him who has need. Let no corrupt communication proceed out of your mouth, but what is good for the necessary edification that it may impart to the hearers... Let all bitterness, wrath, anger and evil speaking be put away from you with all malice. And be kind to one another, tender hearted, forgiving one another, just as God in Christ also forgives you.

A piece that was written over 2,000 years ago. How much longer will it take us all to learn how to live in harmony with each other? With my love and God's blessing, and if you are concerned by what you have read, please give me a ring.

Norman 854245



Arcelia in Starston

Arcelia - pronounced Ar-Kel-ia - a band from Kent was a treat to hear and see in the Jubilee Hall on 11th August. Their genre is mainly 'folk music' and their style was predominantly addressing the issues of life, genuinely and with pathos so that one could identify with many of the topics that are part of their repertoire. Most of the songs have been written by Gavin Alexander, an accomplished guitarist who studied at the Newcastle College of music and plays in many groups in Kent.



So, why were they playing in Starston on a Thursday night? Arcelia was invited to Gressenhall to play in their exhibition during August. Teresa Gallagher, singer (and incidentally widely accomplished professional actress and voice-over artist) and her husband Simon Foster, (who is also a member of an international acapella group, The Flying Pickets) are friends of Michael Bartlett and Dee Palmer and indeed Teresa has done voice-over work for some of their audio CDs.

Arcelia were backed by Martin, bass guitarist who has played for many prominent names including Shirley Bassey, Petula Clark and The Nolans and in West End theatre shows such as *Grease*, *Cats* and *Les Miserables*, and on keyboard by Perry White whose his first love is modern jazz and who has played in Ronnie Scotts Club in London. So what a line-up! No small wonder then that the group sang well and gave a very polished performance!

I enjoyed their presentation but found the first half a bit 'samey' with lyrics predominantly concentrating on the negative aspects of life, although I did like the song which Simon sang where he referred to the benefits of the contemplation of life's problems in the presence of 'The Long Man' – a reference to the historical 'Long Man' of the Iron Age above the village of Wilmington in East Sussex. Personally I preferred the second part of the evening where other subjects were addressed, such as the emotions felt by a driver when 'cut up' on a roundabout! And the 'Get Up and Get Out' message of '*Yellow Soup*'.

We were treated to the first performance of a new song which addresses the issues of 'The Workhouse' which was written specifically for Gressenhall. This was well received by the audience who congratulated Arcelia and wished them well. I really appreciated this lyric drawing attention to the ill-treatment of persons who found themselves in the unfortunate position of being in a workhouse through no fault of their own and found myself being thankful for a Welfare State. →



Parish Council News

As is usual for this time of the year, not a great deal has happened. There is one item that may be of interest however. BT is planning to reduce the number of its payphones around the country. By the time you receive this issue of *Pigeon Post*, BT announces that it will have placed a paper notification within each box proposed for removal. It is possible that Starston's box on The Street may be one of these. A period of consultation with BT will follow, so should you wish to offer your views on this topic, information to assist will be posted on the village website once it is known.

Sonja Burnett, Parish Clerk

Starston Parish Clerk

You may remember that earlier this year Sonja Burnett offered her resignation as Parish Clerk due to other work commitments, so the post was advertised and applications received. At that time Sonja was able to continue as Clerk but she has now indicated that she wishes to leave her post, which will be at the end of September. Consequently, job interviews have been held and a suitable candidate has been identified. Pending agreement by Parish Councillors at the next Parish Council meeting in September, we will be announcing the new appointment.

*Ann Leitch,
Parish Council Chairman*

Starston 100 Club

A draw was made at the annual Church Fete and BBQ and the following members were winners:

1st Prize	£60	Will Griffin Sparrow
2nd Prize	£50	Frank & Linda Savage
3rd Prize	£30	Margaret Griffiths

4th Prize	£25	Bruce & Sandy Huggett
5th Prize	£20	Alexander Feaviour
6th Prize	£15	Peter & Sue Grimble

Thank you all for your continued support

John Formston

➔ A lovely way to spend a most enjoyable evening with village members and our thanks go to Michael and Dee for taking the initiative to invite them and they for agreeing to come. Arcelia have one CD, *Wrap Your Bones* and are already part way through recording their second.

Further information on the group can be found at www.arcelia.co.uk. We hope the Gressenhall event went well and wish them success in their other ventures.

Auriel Gibson



Village Photo Competition and Macmillan Cancer Support

An unlikely combination you might think but read on.

The Pigeon Post Photo Competition closed on 31st August and the entries will shortly be sent to our judge, Frances Crickmore. However, you may remember that we also said we would hold an exhibition of all the photos in the Jubilee Hall so anyone can come, look at the photos and vote on “the people’s favourite”, one in each category, (over 16 and under 16) for the Village Prize. We will be holding this exhibition in the Jubilee Hall on the afternoon of Saturday 1st October.

However, to make it more of an event it will also be a tea and cake afternoon. Since choosing our date we have discovered that the day before (Friday 30th September) is the day Macmillan Cancer Support have chosen for their official national Coffee Morning to raise funds so we thought we could link our event to that and raise money for this cancer charity. So come along on Saturday afternoon, vote for your favourite picture and enjoy tea and cake as only Starston can provide. We are also planning a Tombola and a Garden Produce stall, a chance to bundle up some of the excess produce from your garden and sell it at £1.00 a bag. All proceeds from the afternoon will go to Macmillan Cancer Support.

See you there.

The Story of the Artist and the Blacksmith

For those who love East Anglia, one abiding memory is often the wonderful Village Sign that stands proudly in almost every village. Many of these signs, particularly in Suffolk, were designed and forged by artist Mary Moore and her husband Hector, the blacksmith of Brandeston.

Mary Moore will be giving an illustrated talk, **Forty Years At The Forge**, at All Saints’ Church, Mendham IP20 0NH on Saturday 10th September at 7.30 pm. Mary has a fascinating tale to tell of how, among the plough shares and farm implements, their village forge became the birthplace of so many iconic works of art. She will make special mention of



Mendham’s famous sign depicting Charlotte’s pony, from a painting by our own Sir Alfred Munnings.

Tickets cost £5.00 to include a glass of wine and can be obtained from Lesley Allen, 01986 782321, or at the door.



Short Story Competition 2016

As the Pigeon Post Photo competition closes on 31st August, the Short Story competition is launched on 1st September. This was very popular last year and several people have asked us to run another one so we will. Even if you've never thought of writing anything down most of us have told stories, perhaps to children, perhaps just recounting an event to someone else. That is a story.

This year's competition is the same as last time. The competition is open to anyone who lives or works in Starston and the winning entries will be published in Pigeon Post.

There are two age categories:

Junior: Up to 16 years old on 1st September 2016

Senior: Over 16 years old on 1st September 2016

The Rules are as follows:

- The story must be at least 200 words and not more than 1000 words long
- The story must be original and not previously published
- All entries must be typed and have a title
- The author's name should not appear on the story itself
- An entry form with the author's name and the story title must accompany each story
- To enter you must live or work in Starston
- The closing date for entries is 30th November 2016
- The results will be announced in the February Pigeon Post

There will be 2 prizes in each category. **£25** for the winner and **£15** for the runner-up.

Stories, together with an Entry Form, should be sent to Michael Bartlett:

By Post (or hand delivered) to: The Red Cottage, The Street, Starston, IP20 9NN

By Email to: editor@pigeonpost.org.uk

Entry forms will be available from early September and can be downloaded from the Pigeon Post page on the village web site or obtained from Michael Bartlett or Sue Moore.

The stories will be judged by **Rob Gittins**, an award-winning screenwriter who has written for most of the UK's top-rated television drama series from the past twenty years – including *EastEnders*, *The Bill*, *Heartbeat* and *Casualty* – as well as creating and writing original drama series of his own. As recognition of his work as the longest serving writer in the history of the show, he recently received an Outstanding Achievement Award for *EastEnders*. Rob's fourth novel, *Investigating Mr Wakefield*, was published earlier this year.



Starston Bees – Glebe Meadow Honey...

Our three hives have kept us busy this year, but not as busy as the bees who have produced a wonderful supply and variety of honey. Hives side by side have shown bees have been foraging on different flowers, producing different shades of clear, golden honey. Honey sales began under the flowering lime tree at the Fete at The Old Rectory on 6th August, and the first 60 jars were snapped up quickly.



We have plenty more available and will use events in Jubilee Hall or Glebe Meadow to give everyone a chance to purchase Starston's own local honey. All proceeds go to the Jubilee Hall which has invested in our bee enterprise and which is adding so much to life in the meadow and in Starston.

The Bee Group would love to hear what you think of Glebe Meadow honey. And if anyone is interested in bee-keeping in the meadow you are very welcome to join us. By the way it would really help if used honey jars could be returned to the Jubilee Hall for collection.

Please contact me on 852319 or petergrimble@gmail.com if you would like your superb local honey direct at £4 a jar (3/4lb)

Peter





...and Glebe Meadow Hay

A rare spell of warm and sunny weather in early August gave us the chance to get Glebe Meadow cut and baled. The Starston Hay Team answered the call and 120 bales were soon loaded and carted away for feeding to horses over winter. My thanks to all the helpers for their hard work and essential good humour!



Plodding in September

The next Plod will be on Sunday 25th September in Thetford Forest. It will be a 5 mile circular forest walk, beginning and ending in the car park at the Forest Offices in Santon Downham, Brandon (satnav postcode IP27 0TJ). If you would like to join the walk, please be in the car park ready to leave between 10.30 and 10.40am.

The walk will be led by Geoff and Gerry – do email them directly if you plan to be part of the walking group so that they know to expect you.

Email: ggilder@btinternet.com.

Ann Leitch



County Council News

Fifty Syrian refugees are to be given sanctuary in Norfolk after Norfolk County Council agreed that the county should offer homes for those fleeing the civil war as part of the government's pledge to resettle 20,000 refugees over five years. The Syrians are to be resettled in Norwich and Broadland. Most of the cost of providing homes and support will come from central government. Also all local authorities across Norfolk have pledged support along with many voluntary agencies.

Good progress is being made with the Norwich Distributor Road which is expected to be open for use at the end of 2017. A working group has been set up at NCC to look at linking the NDR to the A47 to the west of Norwich which would put an end to the constant rat-runs through the many villages there. Government has just allocated £1m for a scheme in Great Yarmouth to provide a third river crossing which would give improved access to the harbour and would help ease congestion in and around the town. The Long Stratton bypass plans are also progressing with the much needed roundabout at the Hempnall crossroads.

NCC is working with the Eastern Daily Press on the annual Stars of Norfolk and Waveney Awards. These awards are there to recognise the valuable work carried out by the many volunteers across the county and the categories range from Young Person of the Year to Team of the Year. For a full list of all of the categories and to nominate an individual or group please go to the website www.edp24.co.uk/home/stars or call 01473 636983. Closing date for nominations is early October.

My next surgery is at HIP in Harleston on Saturday 17th September

Martin Wilby martin.wilby@norfolk.gov.uk or 01379 741504

Harleston Lions Club Walk

Harleston Lions are pleased to report that thirty two people (plus several well behaved dogs) took part in our Waveney Valley Walk on Sunday 5th June. It was an extremely hot and sunny day but a beautiful enjoyable ramble through the Waveney Valley countryside was followed by a picnic in the glorious gardens of Gawdy Hall.



A cheque for £1,300.00 has been sent to EACH which is the proceeds from said walk - we are extremely grateful to each and every one who took part.

We would specially like to thank our sponsors - Gawdy Hall Estates for the use of their facilities and "Gator" tractor, Budgens of Harleston for supplying the very necessary bottled water, and Kitchen Sense for publicity, snacks, and postage.



Club Dates
Saturday 17th September
from 2.00 pm – 4.00 pm



STARSTON
YOUTH CLUB

Primary School children – Starston Jubilee Hall
Pre-school children – Hillside, The Street
For details see Youth Club Page on Starston Village Website

www.starstonvillage.co.uk

We look forward to seeing you!

Nicola Wilson, Jane Thompson, Ann Leitch

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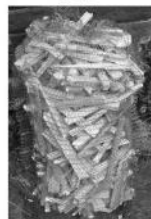


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Create a Woodland Masterpiece!

Could you create a picture or sculpture using twigs, leaves, pine cones and other natural materials found in a wood? Now's your chance to have a go! On Sunday 4th September, Waveney and Blyth Arts are holding a 'nature picture' event in Church Wood, Homersfield, and are inviting individuals and families to join the fun.



In the morning, a number of local artists will be trying out their nature picture-making skills in the wood just to provide some inspiration. In the afternoon (starting at 2.00 pm from the car park opposite the Black Swan) we'll be walking up to Church Wood to have a look at their work, and then spreading out in the wood to make our own nature pictures. After an hour, we'll have a walk around to look at the results and finish by walking to the Farmer's Kitchen for a well-earned bit of refreshment.

To book your places (£5 for adults, £4 for W&BA members, under 12s free) email davisonmike@outlook.com or call Mike on 01379 852501.

InterVillage Games Team Photo



Free to a good home: 24" colour TV, not HD, suitable for wall mounting only as original base has been lost! Rosemary and Norman 01379 854245



InterVillage Games

On a sunny Sunday at the end of July a group of Starstonites assembled at Withersdale's rather swish village hall and playing fields for the 2016 edition of the InterVillage Games. At its peak a few years ago, the IVG took place over the course of a full week with evening events such as darts, bridge and a treasure hunt - concluding on the Sunday with a full sports' day at the hosting village (in which I was the 2006 '50m dash carrying a bale of hay' champion, which I value more than any other sporting or academic achievement I may have picked up over the course of the past 43 or so years).

Anyway, since those snowfalls of my yesteryear the whole thing has been scaled down a bit and turned into an annual rounder competition, to which was bolted on a boules tournament this year as Withersdale were opening a new piste on the day of the IVG.

Our three boules pairs were Julian and Philippa, Derek and John F and Elteb and Irene (the oldest IVG participant on the day and most likely in history at 92 years old). With the Taylors being eliminated and put onto grandson-minding duties almost before the rest of Starston had set up camp, the 'Starston Old Gits' and the 'Starston Elegant Ladies' carried the flag right through to the semi-finals. Their elimination at that stage set up a 3rd place play-off which turned out to be the most titanic struggle involving Starstonites since Lara tried to put her jodphurs on straight out of the tumble drier one morning last winter. Derek and John eventually prevailed and picked up the rather natty '3rd in class' rosettes, which I suspect may have been pilfered from the rabbit tent at the Norfolk Show.

On the rounders front, following an early annihilation by a very well-organised Mendham and Withersdale in the round robins, and a fair bit of head-scratching, it was decided that some sort of game plan was required. One was identified, and then stuck to with the collective set jaw and steely determination of Ann Leitch filling out a grant application for a roof repair, propelling us to a 3-match unbeaten streak and all the way to the final, where a much closer game against our earlier conquerors still ended in defeat - but a valiant one, as opposed to a bone-crushing one. Highlight of that winning streak was undoubtedly Harry's well deserved home run, which got the biggest cheer of the day. Special mentions to the other young uns in the team: Sam, Will C, Will G-S and Indi, who did most of the hard work to a very high standard and carried us old uns to glory. We'll no doubt have a team to be reckoned with in a few years' time when they're all hitting the ball out of the field.

Once the dates for the 2017 edition are confirmed I'll put something in PP and onto the village website again. Why not come join us next time - if not to take part in anything then just to sit under a leafy tree on a warm day and have a picnic whilst cheering Starston on?

Chris Sparrow



Festival Of Bells

Thank you, Starston, for the memorable afternoon of 17th July, a wonderful occasion to celebrate our bell ringing milestone. Individual names are too numerous to list and we would be sure to miss someone so a blanket thank you to all involved is probably the safest.

We acknowledge help received from the Parochial Church Council, the Jubilee Hall Committee and the Glebe Meadow Committee without whom we could not have organised the Festival.

Many years must have passed since Starston was visited by a Bishop. We hope many parishioners met him and had a few words. St Margaret's Church was almost full with a large and generous congregation. We were pleased to see so many in church.

The tower bell ringers sprang a surprise. After we rang to welcome Bishop Graham I was asked to sit down in the ringing room. An extra ringer appeared and the bells were fired seventy times in

salute. This is a feat they could not have accomplished a few weeks earlier, as I trained them in firing for the Queen's birthday celebrations. Well done to our loyal band of ringers. Another surprise, a team from Fressingfield arrived and rang our bells for the first time since 2008 when we trained them to ring whilst their bells were rehung.

Strawberry teas were a very popular part of the event. The ladies worked hard to provide and serve these. Good news as the Church Improvement Fund (toilet, kitchen etc) has benefited by £406 in collection and donations. Photographs taken at the Festival (you could be on them) are in a book at the front end of St Margaret's.

Sad news: we are very sad and disappointed to see that two pots of Pelargoniums have disappeared from the gravel in front of the Jubilee Hall.

Julie and Herbert

Norfolk Churches Trust Sponsored Bike Ride

This will take place on Saturday 10th September and you can Bike, Walk or even Drive in the Norfolk (and Suffolk) countryside. Pack a picnic, plan a route and have a family fun day out, visiting as many churches and chapels as you can. Get your friends and family to sponsor you for this worthwhile cause.

This is an opportunity for you to raise funds for Starston church - your church, which desperately needs financial help.

It receives 50% of the sponsorship money raised on the day and this can be increased by Gift Aid. The other 50% goes to The Norfolk Churches Trust, which exists to preserve these buildings for future generations.

For more details contact John Formston
Tel. 853042 or formston07@talktalk.net
or go to:

[www.norfolkchurchestrust.org.uk/
sponsored-bike-ride](http://www.norfolkchurchestrust.org.uk/sponsored-bike-ride)



Breeze Puts the 'Star' in Starston

Starston's very own Breeze Redwine recently went to America to take part in the World Championships of Performing Arts in Hollywood. Breeze did very well, winning four gold and two silver awards, in various categories including pop, original song, variety and country. The 13-year-old was also named one of the most likely contestants to make it in the music industry.



Jackie Redwine, Breeze's mother, said: "She had an amazing time and we are so proud of her. We were so chuffed she got a silver in country as she was up against the Americans."

Thank you to everyone who contributed to make it possible for Breeze and Jackie to go to America.

Harleston Choral Society

We meet on Monday evenings from 7.30 pm till 9.30 pm in St John's Church, Harleston, and we welcome *everyone* - especially Tenors ! - whether experienced singers or not. There are no auditions, and music is provided free. Subs are currently £35 per term (some concessions are available). Our next term begins on Monday 5th September at 7.00 pm in St John's Church. We'll be singing Vivaldi's *Gloria*, Faure's *Cantique de Jean Racine*, 'The Shepherds' Farewell' from Berlioz' *L'Enfance du Christ*, and a selection of carols, all in preparation for our Christmas Concert on Saturday 10th December. Further information from Jo Curry on 01986 875494 or jo.curry@sky.com and on the HCS website www.harlestonchoralsoc.org.uk



The Role of a School Governor

I have been the Chair of Governors at Pulham Primary School now for the last 3 years. The role of a governor is very varied, satisfying and rewarding but like all jobs at times it can be hard and very time consuming. Governors act on a strategic level and are not involved in the day to day running of the School - that's the Headteacher's job! A clear understanding and distinction between the roles of a governor and the Headteacher is crucial to effective governance and one I feel works very well at our School. The Board is there to hold the Headteacher to account, to offer support and advice and to closely monitor and plan how the School can drive up the overall education and financial performance of the School.

Every decision made and action taken from governors is because we are striving to achieve the very best learning experience in a safe environment for all of our children. We want the children to thrive and move onwards feeling happy and confident.

Governors are not paid, we are all volunteers, but the role is one that we take very seriously and rightly so. The Board of Governors is held accountable by Ofsted and often meets with other challenge partners to check our effectiveness. We also review our own performance regularly and make amendments if needed.

Our Board is made up of the Headteacher, staff, parents, community members and because we are a Church of England School we have 3 foundation governors. When prospective governors show an interest we meet and look at their skills and discuss what they would like to achieve. We have three committees: Teaching and Learning, Personnel and Finance and governors are elected to fill committee spaces according to their skills. Free training is given to all governors and any information needed can be provided. It can be daunting at first but a willingness to learn and to give up some time is all you need. Governors concentrate on the key functions for the committee they sit upon and then reports are fed back to all of the governors at the full Governing Body Meetings that are held five times a year. Most of the committees meet every half term, the Headteacher and myself sit on every committee.

The Governing Body and School aim to develop a shared vision which is communicated to the staff, parents and pupils. Governors are confident in providing high levels of professional challenge and know the School's strengths and weaknesses by constantly monitoring and evaluating. There is a myth that governors have "inside" information about the School and pupils but this is untrue, we look at cohorts of children and data without individual names, we act in a highly professional manner and in complete confidence.

We currently have three vacancies on our Governing Board and we would like to hear from anyone who is interested in joining us.

Luci Waters
luci.waters@btinternet.com



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Local Films in September

Pennovers Film (Pulham St Mary)

Title: ChickLit (15)

Date: Friday 16th September **Time:** 8.00 pm (Bar opens at 7.15)

Cost: £5.00 in advance, £5.50 on the door.

A comedy filmed in the Holt area about four guys trying to save their local pub from closing down by writing a 'mummy porn', in the style of *Fifty Shades of Grey*. It gets snapped up. And that's when the problems really begin.

Booking advisable - phone 01379 676660. Ices available.

Harleston Film (Masonic Rooms, Thoroughfare, Harleston)

Title: Eddie The Eagle (PG13)

Date: Thursday 22nd September **Time:** 7.30 pm (Doors open at 7.00 pm)

Cost: £4.00

Inspired by true events, Eddie the Eagle is a feel-good story about Michael "Eddie" Edwards (Taron Egerton), an unlikely but courageous British ski jumper who never stopped believing in himself - even as an entire nation was counting him out.

Book with Harleston Information Plus on 01379 851917

Alburgh Film (Alburgh Village Hall)

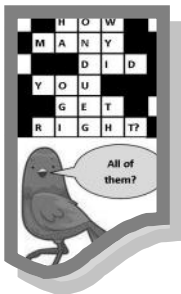
Title: ChickLit (15)

Date: Friday 16th September **Time:** 7.30 pm (Doors & bar open at 6.45 pm)

Cost: £4.00 - pay on the door. Fish and chips available.

For summary - see above

Answers to the August Crossword



ACROSS

1. Jute
3. Speeds up
9. No trump
10. Ideas
11. Field Marshal
14. Off
16. Eider
17. Dam
18. Mike Bartlett
21. Amend
22. Legally
23. Antidote
24. Stet

DOWN

1. Junk food
2. Tithe
4. Pup
5. Exit Strategy
6. Steward
7. Post
8. Muddleheaded
12. Aldea
13. Amethyst
15. Fairest
19. Eclat
20. Data
22. Lot



September Crossword by Puffin

	1	2		3		4		5		6		7
8				9								
10								11				
				12								
13	14					15			16			
17			18				19	20			21	
						22						
23		24		25				26		27		28
							29					
30								31				
							32					
33								34				

CLUES ACROSS

1. The staff of life loses a letter to become a tool (4)
4. Pied, white, yellow or grey (7)
9. Japanese sash (3)
10. Goodbye (5)
11. A town area which is a little less than headwear (5)
12. Small round cake (3)
13. English River (5)
15. Pariah (7)
17. Very long pace (6)
19. Miscellaneous (6)
23. Sporting type (7)
26. Senior member of some churches (5)
29. Age (3)
30. Indecisive (5)
31. Gather (5)
32. Feline (3)
33. Prison term (7)
34. Pile up (4)

CLUES DOWN

2. Elevate (5)
3. What Thomas did (7)
4. Open air beating (6)
5. Snort (5)
6. A non-word, but if it was fronted by a G it would be an African country (5)
7. Meetings can be so (7)
8. Need (4)
14. Rodent (3)
16. Tin (3)
17. Covers for LPs or arms (7)
18. Hostelry (3)
20. Excavate (7)
21. Foreign street (3)
22. Leave, horn or windows (6)
24. Keen (5)
25. Cure, occasion or reward (5)
27. Russian holiday cottage (5)
28. South American bird (4)



Benefice Services in September

	4th Trinity 15	11th Trinity 16	18th Trinity 17	25th Trinity 18	
Dickle- burgh	9.30am PC	10.00am Confirmation	9.30am BCP	9.30am Harvest Festival	
Pulham Market	9.30am HC 6.30pm Celebration	8.00am HC 10.45am Village Hall	9.30am HC	9.30am SW	
Pulham St Mary	8.00am BCP 9.30am Messy Church	9.30am Patronal Festival	9.30am BCP Matins	11.00am Harvest Festival	
Rushall	11.00am Patronal	11.00am HC	11.00am SW	With Dickle- burgh	
Starston	11.00am BCP Communion	11.00am Battle of Britain	11.00am BCP Communion	11.00am Great and Small	
Thelveton	11.00am HC	11.00am BCP Matins	With Dickleburgh	11.00am Harvest Festival	

Key To Services

HC: Holy Communion **PC:** Parish Communion

BCP: Book of Common Prayer **SW:** Sunday Worship

CC: Café Church



Starston PCC Secretary: Ruth Cawcutt.

Tel: 01379 852087 Email: rcawcutt1@btinternet.com

Web Site for Information on all Services: <http://www.thebenefice.org.uk/>



Starston Parish Council

Ann Leitch	Chairman	01379 423387	a_leitch@live.co.uk
John Akast	Highways	01379 852877	jakast@toucansurf.com
Bobbie Formston	Tree Warden	01379 853042	jformston07@talktalk.net
John Formston	Footpaths	01379 853042	jformston07@talktalk.net
Tom Banks		07765 561310	tjhbanks@hotmail.com
Sam Carter		Not available	sam@samuelcarter.com
Helen Gale		Not available	helengale00@hotmail.com
Sonja Burnett	Clerk to the Council	01379 309347	
To contact Starston Parish Council: starstonparishcouncil@yahoo.co.uk			
Starston Village Web Site: www.starstonvillage.co.uk			

Local Councillors

Martin Wilby	County	01379 741504	martin.wilby@norfolk.gov.uk
Clayton Hudson	District	01379 676259	chudson@s-norfolk.gov.uk

Community Services

Local Buses - from Starston to Harleston and Starston to Long Stratton and Norwich	For information Ring: 0871 200 22 33
Border Hoppa - dial-a-ride service	For information Ring: 01379 854800
Police - (non-emergency)	Ring: 101
Safer Neighbourhood Team	Email: sntharleston@norfolk.pnn.police.uk
NHS Emergency & Urgent Care Services (Including Emergency out of hours chemist)	Ring: 111 when it's less urgent than 999
Refuse Collection and Queries	Ring: 01508 533830
Harleston Information Plus	Ring: 01379 851917 hip@harleston-norfolk.org.uk



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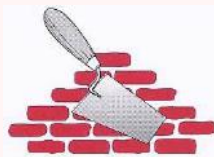
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