

PIGFEON POST



Happy New Year,
Starston



STARSTON

www.starstonvillage.co.uk

19

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January 2016 Issue 288



'For Starston People' <i>The Production Team</i>		<i>Copyright © 2016 PIGEON POST</i>
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Whilst the editorial team do not necessarily agree with the opinions expressed by contributors, they believe that the magazine is available for local people to air their views. Letters to the Editor must be signed. The Editor reserves the right to alter or amend any copy received. Items for inclusion in the next issue **MUST** reach the Co-ordinating Editor by the 12th of the preceding month, (usually earlier in December). Space in the magazine will be allocated on a first come, first served basis. Photos and pictures are welcome and will be used wherever possible.

Please send copy by e-mail to: editor@pigeonpost.org.uk

Advertising

For advertising rates please contact

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Distribution

Pigeon Post is delivered free to every home in Starston.

It can also be sent by email in PDF format.

To request a PDF version please contact the Co-ordinating Editor

If you know of any new residents in the village please tell **Norman Steer (854245)**
or **Michael Bartlett (852318)** so that we can welcome them in Pigeon Post.

Village Diary

Friday 1st January 2016 ***12.00 noon***

Meet and Mardle at St. Margaret's Church

Tuesday 5th January ***7.30***

Parish Council Meeting - Jubilee Hall

Saturday 16th January ***2.00 pm & 3.00 pm***

Starston Youth Club inaugural event - Hillside - see Page 9

Saturday 23rd January ***7.30***

Tapas Night in the Jubilee Hall - see Page 11

Tuesday 1st March ***7.30***

Parish Council Meeting - Jubilee Hall

Want to book the Jubilee Hall? ***At Any Time***

Ring Joy or Bryan Hanner 853200 or 853509



- Let us know of anything happening in the village for this Diary page

- Smart phone bar codes above: left Village Web, right Facebook Page

- Personal adverts and events are free so long as they are not for personal profit

**Copy Date for February edition:
Tuesday 12th January**

Pigeon Post and Information about Starston can also be found on-line
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Around and About the Village

Meet and Mardle

Starston's New Year Celebration on 1st January. There is no service, just meet in church to wish all a Happy New Year and refresh yourself. Mulled wine, soft drinks, hot and cold snacks, it's all free! Also, join the bell ringers in a demonstration ring. Bells 12.00 midday, Meet and Mardle 12.30, demonstration ring 12.50 (all ringers invited)

History of Recorded Sound

On Wednesday 20th January at 2.00 pm Stewart Orr will be giving a talk on the "History of Recorded Sound" at the Swan Hotel, Harleston.

Burns Night Quiz

Friday 22nd January 7.00 pm for 7.30 start. Pennoyer's ever-popular quiz night with a Scottish theme! Fish and chips will be served in the interval. Extra points may be awarded to those wearing tartan... Teams up to a maximum of six members, please. £8.50 (or £4.00 without food). Booking essential - 01379 676660.



Table Top Sale

Saturday 30th January from 10.30 am to 1.00 pm at Pennoyers. Toys, books, bric-a-brac, clothes, DVDs, homeware, crafts and more.....Cafe open all day. Free entry. To book a table call the Centre 01379 676660

New Year's Eve

The Apollo Club Thursday 31st - New Year's Eve at the Apollo Club, Harleston. Come and enjoy a great night with friends and family. An excellent and very talented young singer, Starston's own *Breeze Redwine* will entertain you into 2016.

River Waveney Trust



The River Waveney Trust is presenting a talk by Ian Carstairs called *There Is Always A Chance* at the Fisher Theatre, Bungay on Thursday 21st January at 7.30 pm. A nationally recognised conservationist, Ian Carstairs from Harleston, shares with us a glimpse into the extraordinary world of his 'little battle' for wildlife and the countryside, in which ordinary people have achieved amazing results for the environment. RWT members £4 / Non members £6. To book – ring the Fisher Theatre Box Office: 01986 897130.



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Notes from the Editor

Greetings Starstonites and a Happy New Year to you all!

Many of our readers may know me, as I have lived in lovely Starston for six years and am always keen to attend events at The Jubilee Hall and elsewhere, with my partner Simon. For my sins, I have now been 'volunteered' for the role of editor for our fabulous and much loved Pigeon Post – and I was honoured to be asked and delighted to accept.

My work brings me into contact with many businesses in the area, from start-ups, to companies run by individuals, through to international organisations turning over many millions. They make our special part of Norfolk a huge contributor to the local economy, something that we should all be very proud of.

So, Christmas is here again and New Year's resolutions need to be made (and kept?) Our thoughts in this cold climate look towards the Spring and the first appearance of tiny green shoots and the hope that they bring for renewal and revival. Until then, wrap up warm and read some truly inspirational articles within; the Pulham Market School allotment, the fun enjoyed at the Nativity on ice, plans for the Queen's 90th birthday and if all else fails... 'Keep Plodding' whilst keeping well and walking with the 'Plodders'.

Please keep the articles coming in, every one does get read and all are much appreciated.

All the best Stella

Team Starston - Christmas Trees

Once again, many thanks to the folk who turned out and helped to make the final Christmas Tree Festival such a success (the village put in at least five trees!). I would particularly like to thank those who, not only put in time to work in the refreshments area, but also provided cakes 'to die for' as well as other goodies.

Well done Starston – you came up trumps – yet again! I'm afraid I can't inform you about any money raised by our efforts as that information is not yet available.

All the best for a Good New Year



Margaret Griffiths



Beryl Burton

Last month we had an article by Ollie Simmonds of Starston about his experience at the World Road Cycling Championships. This month we pay tribute to Beryl Burton, one of the greatest cyclists of all time, certainly Britain's greatest female cyclist.

Beryl Burton OBE was an English racing cyclist. She dominated women's cycle racing in the UK, winning more than 90 domestic championships and seven world titles and setting numerous national records.

She was born in Leeds in 1937 and lived in West Yorkshire throughout her life. In childhood she suffered chronic health problems which included 15 months in hospital and a convalescent home due to rheumatic fever. She was warned not to engage in energetic activities.

She was introduced to cycling through her husband, Charlie, whom she married in 1955. Two years later, she took her first national medal, a silver in the national 100-mile individual time trial championship, and before the decade was out was competing internationally.

Burton won the women's world road race championship in 1960 and 1967 and was runner-up in 1961. On the track, she specialised in the individual pursuit, winning world championship medals almost every year across three decades. She was world champion five times, silver medallist three times and also won four bronze medals.

In domestic time trial competition Burton was almost unbeatable. She won the Road Time Trials Council's British Best All-Rounder Competition for 25 consecutive years from 1959 to 1983. In total she won 72 national individual time trial titles.

In 1967 she set a new 12-hour time trial record of 277.25 miles – a woman's record which still stands today. Beryl, aged 30, rode the 277.25 miles in 12 hours along roads and country lanes of Yorkshire. That's a staggering 23 miles an hour. This record surpassed the men's record of the time by 0.73 miles and it took a man another two years to better her mark. While setting the record she caught and passed Mike McNamara who was on his way to setting the men's record at 276.52 miles and winning that year's men's British Best All-Rounder. She is reputed to have given him a liquorice allsort as she passed him. Apparently, McNamara ate the sweet.

In November 2012 a radio play, *Beryl: A Love Story On Two Wheels*, about Burton, written by actress Maxine Peake, was broadcast by BBC Radio 4, with Peake playing Burton. It included interview snippets with Charlie Burton, and his and Beryl's cycling champion daughter, Denise Burton Cole.

The radio play was adapted by Peake for the stage and shown at the West Yorkshire Playhouse in 2014 titled simply *Beryl*. It was recently performed at the New Wolsey Theatre in Ipswich.

Beryl died in West Yorkshire in 1996.



Starston Youth Club

The inaugural event will be on Saturday 16th January in the cinema room at Hillside, The Street (opposite the church). Squash and cake will be available between films.

2.00 pm: Ben & Holly/ Peppa Pig – suitable for a younger audience

3.00 pm: Wall-e – suitable for an older audience

The Club is for Starston babies, toddlers, primary school age children and siblings. The initial idea is to hold the club every 6 weeks, 2.00 - 4.00 pm on Saturday afternoons at the Starston Jubilee Hall or at Hillside when films are to be shown.

There will be regular activities suitable for the different age groups eg soft play for babies, games for toddlers, a tuck shop plus a “feature” for that month, for example crafts, music, baking, farm animals, outdoor team games or a film. Donation of £2 per family to cover costs.

There is a residents’ organising group of 7 people – if you would like to get involved please contact:-

*Lucy Banks, Skinners Lane
Ann Leitch, The Street
Jen Roope, Bunns Lane
Jane and George Thompson, Skinners Lane
Nicola and Ella Wilson, The Street*



Beryl Burton

Beryl Burton taking part in the Otley Cycling Club 12 Hour Time trial 1967.

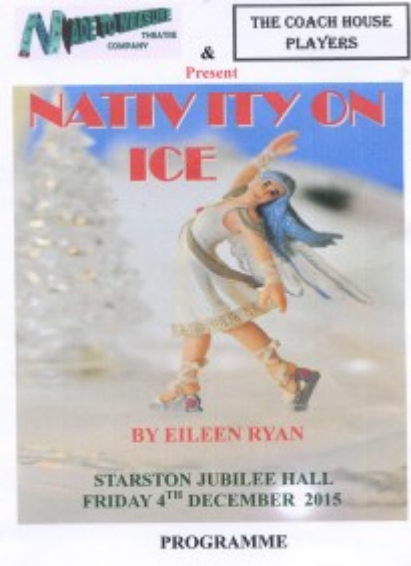


Nativity On Ice

On the evening of Friday 4th December, 22 of us enjoyed a really fun evening in the Jubilee Hall when the *Made to Measure* theatre company and the *Coachhouse Players* performed *Nativity On Ice* by Eileen Ryan, a crazy play for Christmas. Actually the play was called *Up The Creek, Midwinter as Nativity on Ice* was the play within a play. Are you keeping up?

With the tables set around the walls of the newly decorated Jubilee Hall, we watched, laughed and enjoyed an amazing finger buffet organised by Debbie and Stuart and their team of helpers as the performance swirled around us. The finger buffet alone was wonderful but, in true Starston fashion, the puddings that followed very nearly distracted the cast from performing the rest of the play.

If you weren't aware that the Jubilee Hall could become an ice rink (sort of) or if you have never seen a version of the Nativity on ice where half the scenes were skipped because of missing cast and



props (that's the play within a play and is deliberate for the literal minded) or if you have never been asked to join in on paper and comb (and kazoo) to help out the music, then sadly you're too late. But for those of us who were there it was a great start to the festive season and another example of the imaginative programme of events in our Jubilee Hall.

Tree Clearing Thanks

A big thank you from Starston Parish Council to Paul Wharton and Darren who works for Sue and Ralph Moore. Paul and Darren cleared a tree that had fallen and blocked Railway Hill on the night of the strong winds on Tuesday 17th November. Thanks to their swift and effective actions, what could have been a nasty collision between a vehicle and a tree was avoided.



Jubilee Hall Decoration **Another volunteering milestone**

December has seen the transformation of the interior of Jubilee Hall. Many volunteers have been working to tackle plaster repairs, rub down woodwork and apply paint to walls, skirtings, doors and window frames, under the expertise of Colin Loveday, a true unsung hero who has looked after Jubilee Hall's maintenance for many years. The wall lights and entrance light have also been replaced by skilled volunteers. A hirer who caught us while we were working remarked 'This is a much loved Hall', which was both a lovely, and accurate comment!

When weather permits, we will repaint the exterior wooden windows, the entrance hallway and the iron fencing along the roadside, and apply finishing touches to the toilets and kitchen area. A further light and sensor will be fitted in the car park entrance. The Trustees gratefully acknowledge the huge help that people have freely given and look forward to celebrating the conclusion of the project with one and all.

Peter Grimble

Hola!

Tapas Night

Saturday 23rd January
7.30 in the Jubilee Hall

Tickets are £8.00 - available from:

- ◆ Debbie Griffin: 854233
- ◆ Bryan Hanner: 853200
- ◆ John Formston: 853042

There will also be a Spanish Quiz and... Rioja







Park Radio

Park Radio is the name of the new local Community Radio station which plans to start broadcasting to much of South Norfolk and Mid Suffolk, including the Starston area, in 2016. The station group was recently awarded a five-year Community Radio licence by Ofcom to broadcast to Diss, Harleston, Eye and surrounding areas.

Park Radio was originally formed by a group of volunteers in Diss back in 2010, with the aim of filling a radio void by providing a local service for its community in the Waveney Valley area. The station is owned, and will be run on a not-for-profit basis, by local people and operated by volunteers from the local coverage area.

Station director, Chris Moyse, said: "It will offer a new voice, allowing local people to contact, inform and involve the community. It will focus on information, news, features, interviews and discussion about people, issues and events around the area, along with a sustaining service of popular music from the last 50 years."

Park Radio is now working towards launching a full-time 24-hour service of programmes by the summer, once set-up and transmission work has been completed. "We have already carried out four one-month test broadcasts to Diss, supported by local advertising, fundraising and time given freely by our volunteers. Costs were covered each time."

The test broadcasts were only heard about five miles around Diss town centre, due to power limits on the signal. However, with its new full-time licence, the station will have a wider coverage to also include the Harleston area. The station will be able to sell a limited amount of on-air advertising to help cover costs and will also raise funds through grants, donations and promotional activities. Income will be used solely to support and improve the community radio service.

The station has about 25 group members currently and expects the number of volunteers to increase considerably as the station prepares to go on-air. The team includes several broadcast professionals as well as community, legal and strategic business involvement locally. An important part of Park Radio's remit as a Community Radio station will be to offer training to members of its volunteer broadcast and support team, as well as other interested people in the area.

There is also an events team that goes out and about to raise both awareness and support in the area and to show commitment to the local community, having attended a wide range of events in recent years. It is estimated that Park Radio will reach a total population of about 50,000+ living in South Norfolk and Mid Suffolk with a main transmitter in Diss and relay transmitters in Harleston and Eye to ensure good reception. Park Radio plans to base both the station's studios and transmitter at the Diss Youth and Community Centre. More details, including a video about the station, can be found at www.parkradio.co.uk



A Starston Gardener's Twelve Days Of Christmas

On the first day of Christmas my true
love gave to me
A bare root Victoria plum tree

On the second day of Christmas my true
love gave to me
Two balls of twine
And a bare root Victoria plum tree

On the third day of Christmas my true
love gave to me
Three packs of tags
Etc.

On the fourth day of Christmas my true
love gave to me
Four large seed trays
Etc.

On the fifth day of Christmas my true
love gave to me
Five kinds of seeds
Etc.

On the sixth day of Christmas my true
love gave to me
Six sacks of compost
Etc.

On the seventh day of Christmas my true
love gave to me
Seven bags of bone meal
Etc.

On the eighth day of Christmas my true
love gave to me
Eight assorted fruit trees
Etc.

On the ninth day of Christmas my true
love gave to me
Nine wooden tree stakes
Etc.

On the tenth day of Christmas my true
love gave to me
Ten sturdy tree ties
Etc.

On the eleventh day of Christmas my
true love gave to me
Eleven plastic tree guards
Ten sturdy tree ties
Nine wooden tree stakes
Eight assorted fruit trees
Seven bags of bone meal
Six sacks of compost
Five kinds of seeds
Four large seed trays
Three packs of tags
Two balls of twine
And a bare root Victoria plum tree -
along with one of those natty gubbins
that you put over the top of a tree stake
so that you can bang it into the ground
without splitting the wood

On the twelfth day of Christmas I
banged my true love over the head with
the natty gubbins, emptied his bank
account and went off for a pamper day at
an expensive spa which was what I
wanted all along.

Compliments of the season to you all.

Dee the Gardener

Topical Tip
When choosing Christmas
presents for your true love,
do your research first.



Pulham Primary School Allotment

It is often said that children struggle with eating vegetables at the dinner table, but for youngsters at Pulham Primary School potatoes, carrots and broad beans are set to become an integral part of their lives. This is thanks to a new allotment off Barnes Road which has been created by Jon Ringham and Amy Beevers from the Crown Inn, Pulham Market.

In a scheme called ‘Our Pulham, Our Norfolk, Our Food’, the pub will provide seeds and plants for the children to grow to help them learn where local produce comes from. The pupil’s green-fingered efforts will also end up with their produce being enjoyed by diners at the Crown Inn as they will feature on the menu, with pupils helping to design a new children’s section.

Head teacher Simone Goddard said: “The children are going to absolutely love this allotment. It will help them with their science curriculum and show the importance of growing and using local produce.” All 130 pupils at the school will be involved with the allotment under the guidance of teaching assistant Kim Jones.

The allotment was officially opened by year 6 pupils, with the head of the school council, Will Colman from Starston, cutting the ribbon. Will said he was “happy” to have the chance to grow vegetables and fruit.



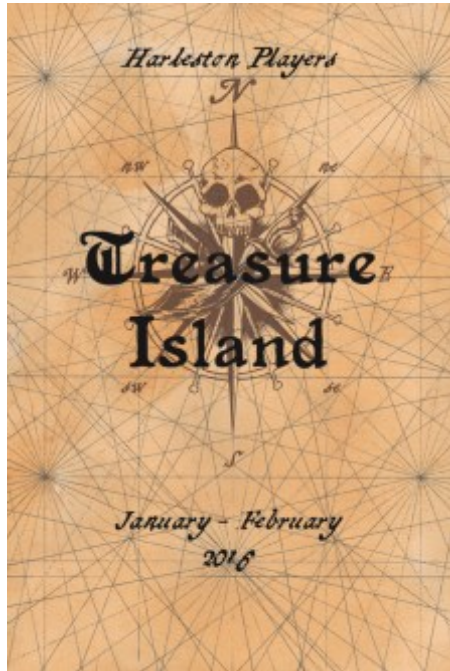


Shiver Me Timbers - It's Treasure Island!!

Calling all pirates and rogues! From Friday 29th January to Saturday 6th February, a motley crew of sea dogs (known locally as the Harleston Players) will be bringing to the stage one of the greatest adventures ever told - Robert Louis Stevenson's *Treasure Island*.

It tells the story of young Jim Hawkins who is given a map of a tropical island by a dying pirate. Realising the map marks the position of a vast treasure, Jim sets sail on the Hispaniola to find it, and becomes best friends with the ship's cook, Long John Silver. But Silver has a shocking secret in store, and when they reach their destination, Jim faces danger and adventure greater than he could ever have imagined.

Evening performances of *Treasure Island* take place on Friday 29th and Saturday 30th January, and Friday 5th and Saturday 6th February – all at 7.30 pm at Archbishop Sancroft High School, Harleston. There are also matinees (at 2.30 pm) on the two Saturdays. Tickets, priced £8.50 and



£6.50 (concessions), are on sale from early January at Harleston Pet Stores or by phoning Val on 01379 852845. For more details, see www.harlestonplayers.co.uk.

Pulham Players presents

Jack & the Beanstalk A traditional family pantomime



Thursday 7th January to Saturday 9th January at 7.30 pm with a matinee on Saturday 9th January at 2.30 pm

Tickets £8.00 - £9.00 Tickets available from Sandra on 01379 676769 More details on the website www.pulhamplayers.com



The Best Man's Speech – A True Story

The story in last month's Pigeon Post of near-farcical events surrounding a funeral reminded me of a wedding that I went to many years ago. The Bridegroom, who was in his thirties, was marrying a delightful young woman, somewhat younger than himself and, we all thought privately, very different from his previous girlfriend.

After the church ceremony we repaired to a nearby hotel for a sit-down meal, followed by the usual speeches, ending, of course, with that of the Best Man who'd known the Bridegroom since college days. The speech concluded with the traditional request to be upstanding for a toast to the Bride and Groom. We were all upstanding, glasses of champagne in hand. "To Doug and Louisa", proclaimed the Best Man.

There was a silence - a silence broken only by a strangulated squeak from the Bridegroom's Sister. The Parents of the Bride looked mystified. The Father of the Bridegroom, who went into a little world of his own at such social events and hadn't been paying attention to any of the speeches, continued to smile benignly.



The appalled and outraged expression on the face of the Bridegroom's Mother was a sight to behold. The Bridegroom looked as if he'd like to strangle the Best Man. The look on the face of the Best Man's Wife said, "When I get you alone I really WILL strangle you."

Only the Bride continued to smile serenely as if nothing at all had happened, but then she truly was the nicest, sweetest woman you could hope to meet. Her name was Sally. Louisa was the Bridegroom's previous girlfriend.

New Year's Resolution 1

Never put off until tomorrow what you can do today.
If you enjoy it today you can do it again tomorrow.



Parish Council News

A meeting of the Parish Council was held on Tuesday 24th November.

Resignations were received from Frederic Coates and from Graham Curson.

Frederic is to be giving more of his time to the collection of data from the SAM2 data recorder and to the coordination of our Speed Watch team, who you may well have seen out recently around the village. The Council offers its thanks to Graham and Frederic for their valuable service to the Parish as Councillors. This of course means that we now have two vacancies, one of which includes the role of Highways coordinator. The Council is delighted that it has already received expressions of interest to join the Council, and it is anticipated that we may well be returning to a full Council in the near future. Should, however, any further residents be interested in applying, please do contact the chair, Cllr Ann Leitch, or myself on the email or telephone numbers provided at the end of this magazine.

The Council made a recent request for Footpath Wardens, residents who would be willing to keep an eye through the year

on one or two of the footpaths that they walk regularly and to report any issues found to Cllr John Formston. Thus far we have received a number of offers, and thank you. We do still need a few more, so should be most grateful to hear from anyone else who is willing to volunteer.

The white lines on the bridge that walkers find so valuable, NCC has agreed to repaint in the New Year as part of their scheduled works.

South Norfolk Council is carrying out its annual consultations on setting its budget for 2016/17 and would welcome responses from residents and local businesses. The website for the survey is as follows:

<http://www.south-norfolk.gov.uk/haveyoursay/506.asp>

Finally, the Parish Council would like to wish all Starston's lovely residents a very happy and healthy New Year for 2016.

With good wishes,
Sonja Burnett, Clerk to the Council

New Year's Resolution 2

My New Year's resolutions -

1. Not to make any lists.
 - B. Stay consistent.
6. Learn how to count.



Safer Neighbourhood Team

We hope you all had (or will have) a pleasant Christmas and enjoyed the break if you managed to get one.

With the cold winter mornings upon us, we would like to advise motorists who are up and about early not to leave their vehicle with the engine running on their driveway while trying to defrost it before setting off on their journey. This time last year saw a number of vehicles stolen in the county this way, when owners left their vehicles and went back indoors to wait for them to warm up.

Report any suspicious activity by calling the police on 101. Always dial 999 in an emergency.

Jim and Pete



PC Jim Squires



PCSO Pete Williamson

Glebe Meadow Needs You Saturday 30th January at 9.30 am

Starston volunteers of all ages are most welcome to join our winter working party to help keep our Glebe Meadow in top condition. Everyone is welcome. As usual in the winter, we need to cut the roadside hedge, clear the banks of the Beck, cut back some tree regrowth and cart all debris down to the bonfire. We also need to clear the old bale stack either for burning or composting, and many hands really do make light work. And all good fun, especially when supported by coffee and cake 'a la wheelbarrow', and possibly something to fortify the inner soul

It's a warming, and heartwarming, occasion when people give an hour or two to meet up and work together to help maintain Starston's meadow, and also a good social occasion among like-minded folk. Please put it in your 2016 diary and make it a date. Bring protective clothing including gloves and wellies, and also rakes, garden forks, pruners and wheel barrows - but most importantly, bring yourselves. If dry enough, we might even try to light the bonfire!

We are planning for a sunny winter's day on 30th January, and look forward to seeing you in Glebe Meadow that Saturday morning - whatever the weather!

*Peter Grimble
Glebe Meadow Management Group*



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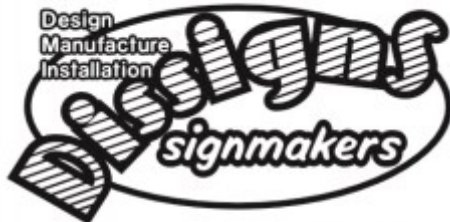


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A Message from Linda Savage

I would like to say a big thank you to friends and neighbours for caring and giving support during my recent illness and stay in hospital. May I wish you all a very happy Christmas and a healthy new year for us all. Thank you Starston.

Used postage stamps: Do you save your used postage stamps or just throw them away? I have been saving mine for a number of years and when I have an A4 envelope full I send them to St. Tiggywinkles Animal Sanctuary in Buckinghamshire. If anyone would like to join me in this I would be willing to collect the stamps from you or they can be left in my porch at Poplars Farm, Cross Road and I will send them on. They need to be torn from the envelope leaving approximately a quarter inch margin.

Alternatively they can be sent direct to Tiggywinkles Wildlife Hospital, Aston Road, Haddenham, Buckinghamshire, HP17 8AF. Just mark the envelope 'used postage stamps'. Their website www.stiggwinkles.org.uk

Linda

Harleston U3A

A modest £12.00 will provide you with a full year's membership of Harleston U3A and anyone joining during the course of the year will pay a reduced fee. This allows for participation in any or all of the interest groups on offer although some groups, swimming for example, require a small additional payment. Members also received the quarterly U3A magazine *Third Age Matters*.

An extra 'perk' in Harleston is the opportunity to borrow from a really extensive range of DVDs which are organised and classified by our excellent and hard-working Speaker Secretary, Gail Hussey.

For further information contact Kim on 01986 788149, log onto www.u3a.org.harleston or come along and see for yourself what is going on. We meet every third Wednesday of the month at 2.00 pm in the carvery of the Swan Hotel.

New Year's Resolution 3

Don't make New Year Resolutions



1960s' Pop Lyrics

I am not sure if it is sad or nostalgic but I like listening to 1960s pop music, a pastime not shared by my partner in crime so it's one of those things I only do if I'm alone in the house or on my own in the car.

I'd be the first to admit that a lot of the music from that era isn't very good but that isn't the point. The point is that this is the music of my teenage years, the years when I was ignoring my French homework to think about... well, perhaps we'll skip the detail here... and dream about all the great things I was going to do one day. It's because they recall those years to me that I still listen to these songs.

However, I now find I'm listening rather more critically and, to be honest, although the tunes still go round in my head, some of the lyrics are, to say the least, dodgy.

A song like "**Walk on By**" (1964) performed (amongst others) by Dionne Warwick.

*If I see you tomorrow on some street in town, pardon me if I don't say hello (Hello)
I belong to another, it wouldn't look so good, to know someone I'm not supposed to know.
Just walk on by, wait on the corner, I love you but we're strangers when we meet.*

Okay, so the singer is married, engaged or in a relationship, but is getting it off with someone else. Betrayal, lying, well, it happens but what kind of role model is that for a 16 year old?

Or how about "**She Wears My Ring**" (1968) sung by Tom Jones.

*She wears my ring to show the world that she belongs to me,
She wears my ring to show the world she's mine eternally,
With loving care I placed it on her finger, To show my love for all the world to see.*

For 'ring', read 'handcuffs'. Okay, that's hindsight but what was an "Aaah" moment in 1968 sounds uncomfortable in 2016. If I used 'belonging' in that sense I'd be on crutches for a month. And as for 'she's mine'. Well!

Then how about "**Rhythm of the Rain**" (1962) sung by - oh dear - the Cascades.

*Listen to the rhythm of the falling rain, telling me just what a fool I've been
I wish that it would go and let me cry in vain, and let me be alone again.
The only girl I care about has gone away, looking for a brand new start,
But little does she know that when she left that day, along with her she took my heart.*

Okay, so he had a girl, he screwed up, she left him and now he's moaning at the rain. For heaven's sake, get a life, man. Good tune though, well, it is if you were a 16 year old in the 1960s.

They don't write 'em like that anymore – probably just as well.

Michael



Hold The Date – A Significant Birth

This year the Queen will be 90 and a number of celebrations will be held around the country throughout the year.

As far as our village is concerned, Starston Parish Council, the Jubilee Hall Management Committee and the Starston Parochial Church Council are joining forces to host a celebration of the Queen's 90th birthday on Saturday 11th June. We are keen to hear people's ideas on how, as a village, we want to celebrate this event.

Please can you email Sonja Burnett, Parish Clerk, before 9th February with your suggestions and let her know if you would like to be part of the team making this happen. Many of us remember the wonderful day on the Glebe Meadow when the village came together to celebrate the Queen's Diamond Jubilee in 2012. Let's do the same, or even better, this time.



John Formston, Lay Chairman, Starston Parochial Church Council
Bryan Hanner, Chairman, Starston Jubilee Hall Trust
Ann Leitch, Chairman, Starston Parish Council

Plodding in January

Keep up your fitness resolutions by joining the Plodders walking group on Sunday 10th January. We're not going far away, to allow for winter weather, so we'll assemble at Starston Jubilee Hall, leaving at 10.15 am to drive to the main car park at Knettishall Heath, map ref 956806, for a 5 mile walk commencing at 11.00 am. We then adjourn to The Angel at Larling for lunch at 1.00 pm – where the chips might undo our good work!



Our first joint Starston-New Buckenham Plod in November was well attended, with 15 of us walking along the Broads from Langley Staithe near Loddon. Eric Barker commented "I enjoyed the walk, the very good lunch for £10, and the great company – definitely to be recommended."

7 of us are already signed up for the January walk - please let me know if you're coming by Sunday 3rd January and if you want to be included in the lunch booking.

Ann Leitch
Tel: 01379 423487



County Council News

Norfolk County Council is working with Age UK Norfolk and Norfolk Community Foundation in promoting the Surviving Winter Appeal which is aimed at helping elderly people keep warm and well throughout the winter. Grants can be given for such things as gas, heating oil, new cookers or anything that would help. To request help from the appeal call Age UK Norfolk on 0300 500 1217. Alternatively people can donate to this fund by calling 01603 623958.

A new award scheme called Norfolk Eco awards has been set up to give recognition to the greenest groups and environmentally aware organisations across the whole of Norfolk. The categories are for Outstanding Eco Food producer, Eco Home, Eco primary school, Eco secondary school, Community group and Small business with less than 50 employees. The closing date for nominations is February 12th. Applications can be made at www.norwich.gov.uk/ecoawards or by calling 01603 212545.

Recently I attended the Stars of Norfolk

and Waveney Awards which were held at St. Andrews Hall in Norwich. These awards, now in their 3rd year, recognise the great work done across our county by some amazing people. I was pleased to give the award for Norfolk's Carer of the Year and this was awarded to Ashton Patterson from the Waveney Valley. When her grandmother suffered a brain aneurysm Ashton dropped everything and has become her full time Carer. There were many examples of outstanding bravery and commitment by individuals and groups at these awards. I was very pleased to see local man Steve Hammond receive the award on behalf of the Community First Responders who won the Team of the Year Award. Steve is well known locally for his involvement with the First Responders and for training local communities in how to use their defibrillators. My next surgery will be on Saturday January 9th at 10.00 am at HIP.

Contact me anytime at
martin.wilby@norfolk.gov.uk
 or on 01379 741504



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Local Films in January

Pennoyers Film (Pulham St. Mary)

Title: Woman In Gold (12)

Date: Friday 15th January

Time: 8.00 pm (Bar opens at 7.15)

Cost: £5.00 in advance, £5.50 on the door.

Helen Mirren stars as an elderly woman who takes on the might of the Austrian government in an attempt to recover family works of art, stolen by the Nazis sixty years earlier.

Booking advisable - phone 01379 676660. Ices available.

Harleston Film (Masonic Rooms, Thoroughfare, Harleston)

Title: Suffragette (12a)

Date: Thursday 28th January

Time: 7.30 pm (Doors open at 7.00 pm)

Cost: £4.00

The foot soldiers of the early feminist movement, women who were forced underground to pursue a dangerous game of cat and mouse with an increasingly brutal State. Book with Harleston Information Plus on 01379 851917.

Answers to the December Crossword



ACROSS

1. Toad
- 3/6. Chic pea
8. Ham
- 10/13. The Baa Baa of Seville
11. Act
12. Pas
14. Ego
15. Lea
16. Ohm
21. Era
- 22/25. An Enema of the People
23. Tan
24. Fur
26. Ear
27. Cup
29. Pest

DOWN

1. Tattoo
2. Averse
4. Hobble
5. Chapel
- 6/28. Planet of the Apps
7. Larva
9. Mrs Malaprop
17. Mantra
18. Reheap
19. Newel
20. Dapple
21. Effect



January Crossword by Nona

	1	2		3			4	5		6		
7							8					9
10							11					
12									13			
								14				
	15	16										
17												18
19					20					21		
				22								
23								24				
	25							26				

CLUES ACROSS

- 1. Arrive at (5)
- 4. Stupidity (5)
- 10. British based charity (5)
- 11. Precisely (7)
- 12. Bewildered (8)
- 13. Therefore (4)
- 15. Sweet smelling plant (11)
- 19. Deceptive trick (4)
- 20. Wield (8)
- 23. Arms depot that plays football (7)
- 24. He who pays him calls the tune (5)
- 25. Common (5)
- 26. Song of praise (5)

CLUES DOWN

- 2. Fairylike (5)
- 3. Regular passenger (8)
- 5. Surrey cricket ground (4)
- 6. Unorthodox thinking (7)
- 7. Catch game illegally (5)
- 8. As a matter of course (11)
- 9. Power line support (5)
- 14. Dutch or German spirit (8)
- 16. Aristotle Shipping magnate (7)
- 17. Cereal crop (5)
- 18. Butter making device (5)
- 21. Drive forward (5)
- 22. Ancient king of Peru (4)



Benefice Services in January

	3rd Epiphany	10th Baptism of Christ	17th Epiphany 2	24th Epiphany 3	31st Candlemass
Dickleburgh	9.30am PC	9.30am PC	9.30am BCP Communion 10.00am Café Church	9.30am PC	
Pulham Market	9.30am HC 6.30pm Celebration	8.00am HC 10.45am Methodist Chapel Hall	9.30am HC	9.30am SW	
Pulham St Mary	8.00am BCP Com. 9.30am Messy Church	9.30am HC	9.30am BCP Matins	9.30am HC	10.00am Benefice Communion
Rushall	11.00am BCP Matins	11.00am HC	11.00am SW	11.00am SW	
Starston	11.00am BCP Communion	11.00am BCP Matins	11.00am BCP Communion	11.00am Great and Small	
Thelveton	11.00am BCP Matins	11.00am HC	With Dickleburgh	11.00am SW	

Key To Services

HC: Holy Communion

PC: Parish Communion

BCP: Book of Common Prayer

SW: Sunday Worship

CC: Café Church



Starston PCC Secretary: Ruth Cawcutt.

Tel: 01379 852087 Email: rcawcutt1@btinternet.com

Web Site for Information on all Services: <http://www.thebenefice.org.uk/>



Starston Parish Council

Ann Leitch	Chairman	01379 423387	a_leitch@live.co.uk
Bobbie Formston	Tree Warden	01379 853042	Not available
John Formston	Footpaths	01379 853042	jformston07@talktalk.net
Sam Carter		Not available	sam@samuelcarter.com
Helen Gale		Not available	helengale00@hotmail.com
Vacancy			
Vacancy			
Sonja Burnett	Clerk to the Council	01379 309347	
To contact Starston Parish Council: starstonparishcouncil@yahoo.co.uk			
Starston Village Web Site: www.starstonvillage.co.uk			

Local Councillors

Martin Wilby	County	01379 741504	martin.wilby@norfolk.gov.uk
Clayton Hudson	District	01379 676259	chudson@s-norfolk.gov.uk

Community Services

Local Buses - from Starston to Harleston and Starston to Long Stratton and Norwich	For information Ring: 0871 200 22 33
Border Hoppa - dial-a-ride service	For information Ring: 01379 854800
Police - (non-emergency)	Ring: 101
Safer Neighbourhood Team	Email: sntharleston@norfolk.pnn.police.uk
NHS Emergency & Urgent Care Services (Including Emergency out of hours chemist)	Ring: 111 when it's less urgent than 999
Refuse Collection and Queries	Ring: 01508 533830
Harleston Information Plus	Ring: 01379 851917 hip@harleston-norfolk.org.uk



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